SAMPLE FIGURE SKATING SCHOOL SCHEDULE

Day 1

12:00pm: Check-in **2:15pm: Parent Meeting (Club Lounge)**

Group 1		Group 2		Group 3	
3:05 - 3:45pm	Dance	3:00 - 3:30pm	Classroom	3:00 - 4:00pm	**Freestyle**
4:10 - 5:10pm	**Freestyle**	3:45 - 4:25pm	Dance	4:05 - 4:25pm	Arena Tour
5:20 - 5:50pm	Classroom	4:35 - 5:05pm	Arena Tour	4:35 - 5:15pm	Dance
5:50 - 6:20pm	Arena Tour	5:20 - 6:20pm	**Freestyle**	5:35 - 6:05pm	Classroom
6:30 - 7:00pm	Dinner	6:40 - 7:10pm	Dinner	6:20 - 6:50pm	Dinner
7:10 - 9:00pm	Dorm Activities	7:10 - 9:00pm	Dorm Activities	7:10 - 9:00pm	Dorm Activities
9:30pm	Lights Out	9:30pm	Lights Out	9:30pm	Lights Out

Days 1 - 3

Group 1		Group 2		Group 3	
6:00am	Wake-up	6:15am	Wake-up	6:30am	Wake-up
6:15 - 6:40am	Breakfast	6:30 - 7:00am	Breakfast	6:45 - 7:10am	Breakfast
7:00 - 7:30am	**SKATING FOUNDATIONS**	7:20 - 7:50am	Off-Ice Jumps	7:40 - 8:10am	**SKATING FOUNDATIONS**
7:50 - 8:20am	Off-Ice Jumps	8:10 - 8:40am	**SKATING FOUNDATIONS**	8:20 - 8:50am	Off-Ice Jumps
9:00 - 10:00am	**Freestyle**	9:00 - 9:40am	Dance	9:40 - 10:20am	Dance
10:20 - 11:00am	Dance	10:10 - 11:10am	**Freestyle**	11:20 - 12:20pm	**Freestyle**
11:30 - 12:00pm	Lunch	11:45 - 12:15pm	Lunch	12:45 - 1:15pm	Lunch
1:00 - 1:35pm	**JUMP/SPIN TECHNIQUE**	12:30 - 2:00pm	Dorm Time	1:45 - 2:20pm	**JUMP/SPIN TECHNIQUE**
1:50 - 3:05pm	Dorm Time	2:30 - 3:05pm	**JUMP/SPIN TECHNIQUE**	2:40 - 3:20pm	Classroom
3:25 - 4:05pm	**Freestyle**	3:30 - 4:10pm	Classroom	3:30 - 4:45pm	Dorm Time
4:20 - 5:00pm	Classroom	4:20 - 5:00pm	**Freestyle**	5:15 - 5:55pm	**Freestyle**
5:15 - 5:45pm	Dinner	5:30 - 6:00pm	Dinner	6:15 - 6:45pm	Dinner
6:00-8:00pm	Dorm Activities	6:00-8:00pm	Dorm Activities	7:00-8:00pm	Dorm Activities
9:30pm	Lights Out	9:30pm	Lights Out	9:30pm	Lights Out

Day 5

Group 1		Group 2		Group 3	
6:40am	Wake-up	6:55am	Wake-up	7:00am	Wake-up
7:05 - 7:35am	Breakfast	7:20 - 7:50am	Breakfast	7:30 - 8:00am	Breakfast
8:00 - 8:40am	**Freestyle**	8:05 - 8:35am	Classroom	8:10 - 8:45am	Dorm Time
8:50 - 9:20am	Classroom	8:50 - 9:30am	**Freestyle**	8:55 - 9:25am	Classroom
9:30 - 10:15am	Dorm Time	9:40 - 10:20am	Dorm Time	9:40 - 10:20am	**Freestyle**
10:45am	**EXHIBITION**	10:45am	**EXHIBITION**	10:45am	**EXHIBITION**
11:30am	Check-out begins	11:30am	Check-out begins	11:30am	Check-out begins