

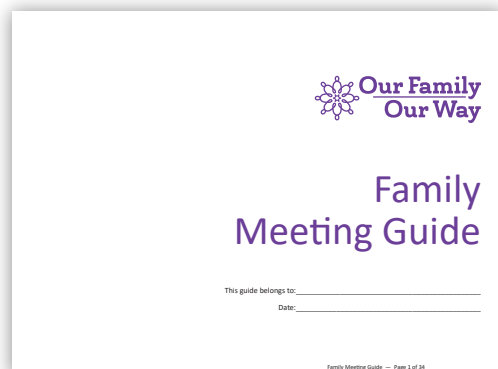
Preparing Your Our Family, Our Way Materials

The Our Family, Our Way (OFOW) family meeting materials consist of 3 main documents:



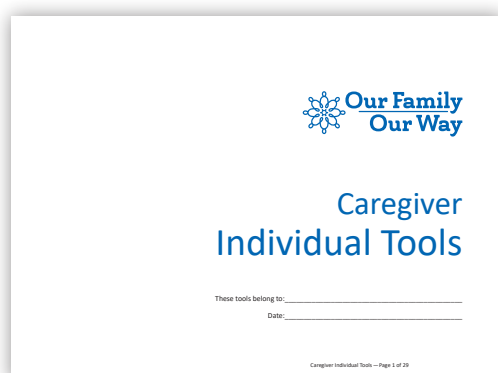
Family Meeting Guide (34 pages)

The Family Meeting Guide walks your family through your meeting. Each member of your family that will be participating in the family meeting should get a copy of the Family Meeting Guide in advance of your meeting.



Individual Tools (29 pages)

There are two versions of the Individual Tools – one for the person with care needs (PWCN) and one for caregivers. Both versions contain the same information, but with slightly different wording. Before the family meeting, each participating family member completes the version that is appropriate for him or her.



Family Meeting Record (46 pages)

At your family meeting, you will need one copy of the Family Meeting Record to write down your family's agreements and plans.



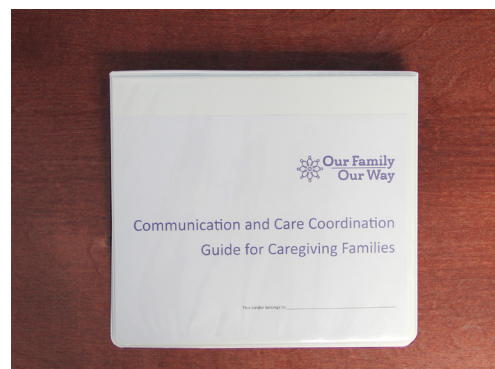
Downloading and Printing the Family Meeting Materials

To download and print the family meeting materials from the OFOW website you will need these supplies:

- » **Internet connection**
- » **Printer** (inkjet or laser)
- » **white, 8 x 11 printer paper** (avoid glossy paper as this is difficult to write on)
- » **Some way to bind the materials** (stapler, binder clips)



Some OFOW users create a 3-ring binder for each participating family member that contains the OFOW materials. If you decide to do this, you will need a 1-inch 3-ring binder for each participating family member and a 3-hole punch. If you use binders that have a front cover pocket, there is an OFOW Binder Cover available for download and printing on the OFOW website that can be placed in the binder cover pocket.



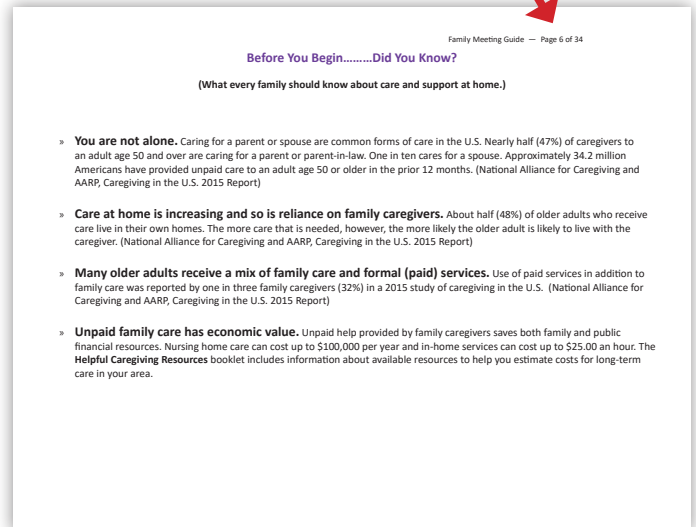
NOTE: All OFOW materials can be printed in color or black & white and 1-sided or 2-sided depending on your preference.

Navigating the OFOW Materials

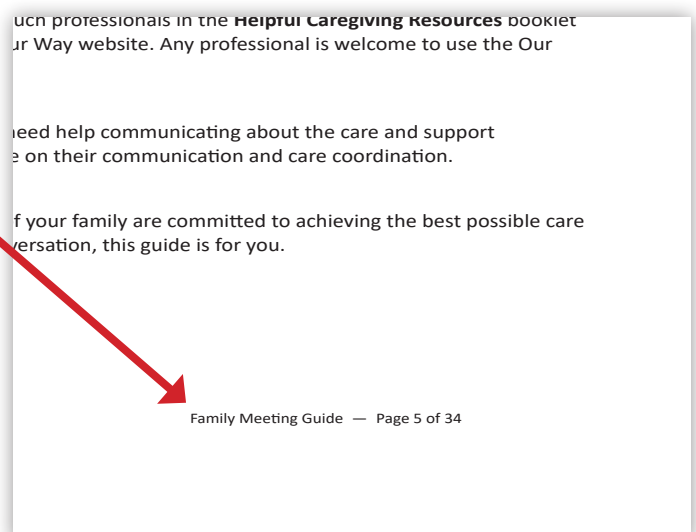
There are several features built into the OFOW materials to help you find your way as you're using them.



The location of the page numbers alternates by page. You will find the page number either at the top or the bottom of the page.



The name of the document always appears next to the page number so you can see at a glance which document you're using.



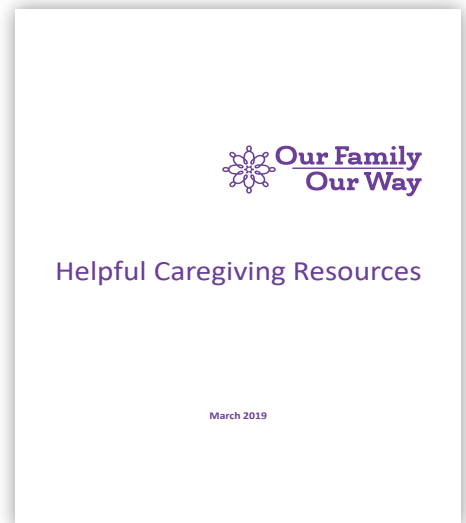
Other Items Available On The OFOW Website

The OFOW website contains other materials for caregiving families that can also be downloaded and printed free of charge:



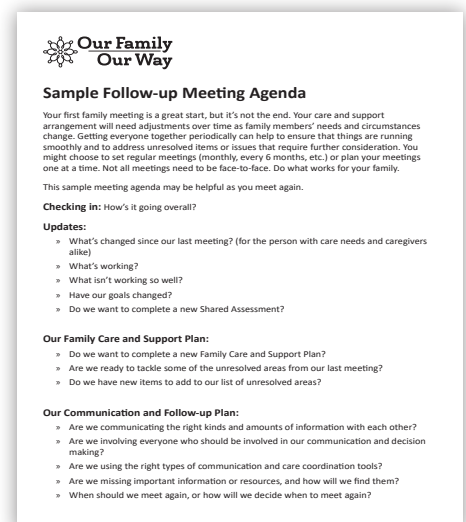
Helpful Caregiving Resources

This booklet is designed to assist you in locating resources that may be helpful to your family as you plan and revise your care and support arrangement.



Sample Follow-Up Meeting Agenda

This agenda is an outline that your family can use for continued discussions about your care and support arrangement.



Tip Sheets

The OFOW website contains several tips sheets to help you think through various topics such as, who should be involved in your family meeting, how to prepare for your family meeting, and what to do if major differences occur during your meeting.

