

EXPLORING: Connecting The Dots

Use mind-mapping to help brainstorm and plan during your career exploration. Mind maps help you visually organize all of the information swirling around in your mind. Once you get everything down on paper, you can make plans and break them down into specific action steps.

Put your main goal in the center bubble.

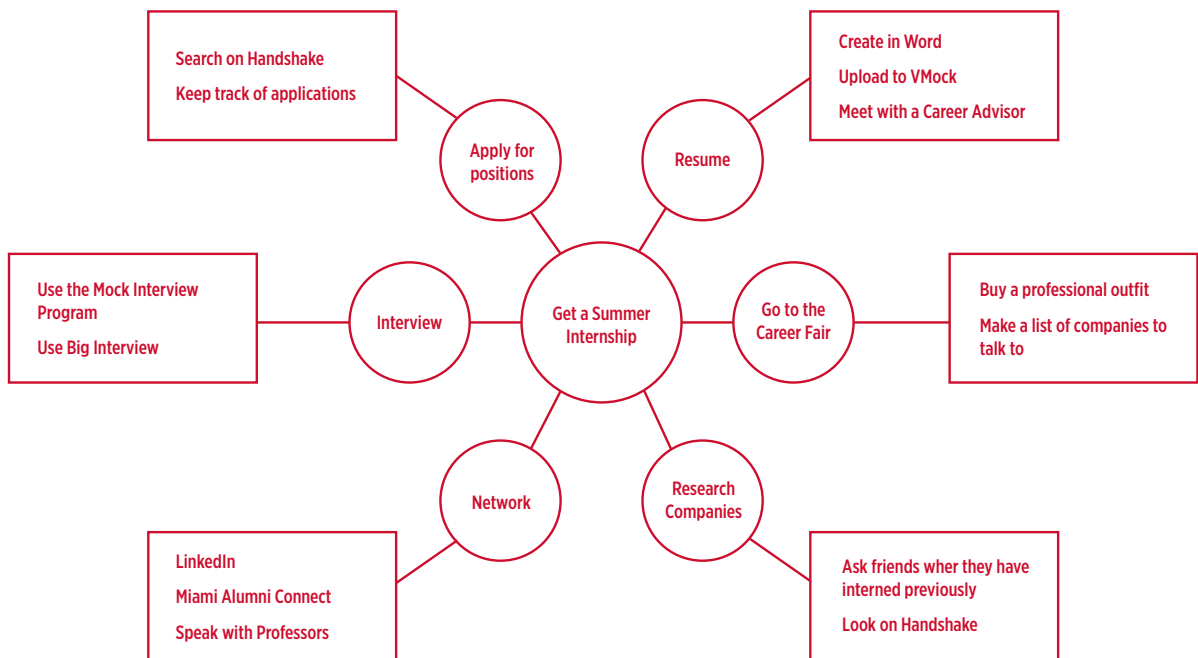
In the next ring, **list the first things** that come to mind that you need to do in order **to accomplish that goal**. Put one in each bubble.

Then, **break down each bubble** into as many steps and details as you need.

Prioritize the steps in order of importance, understanding that some steps may be flexible or may happen at the same time.

Consider factors such as **timeline of due dates**, level of difficulty, amount of energy you may need to complete the task, and how time consuming the task is.

Don't forget to **track your progress** by crossing off bubbles as you complete them!



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 Blank for Your Use

