

# *Sharman Empson Willmore, PhD, RD, MCHES*

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## ➤ *Education*

### **University of Cincinnati**

Doctor of Philosophy, Health Education, University of Cincinnati, May, 2015

Dissertation: Healthy communities: The role of neighborhood support, safety, and belongingness on the physical and mental health of Appalachians

### **Purdue University**

Master of Science Degree – Nutrition.

Special project completed with Indiana Extension, Expanded Food and Nutrition Program – developed curriculum and nutrition education materials for prenatal nutrition program

Bachelor of Science Degree – Nutrition and dietetics.

## ➤ *Professional Experience*

### **Miami University, September, 2015 – present**

*Clinical Faculty/Director of Dietetic Internship:* Responsible for instruction of nutrition courses within the DPD undergraduate program. Development and implementation of a post baccalaureate Dietetic Internship combined with the Master's degree in Kinesiology and Health, Exercise Science and Health Concentration. Received ACEND approval following self-study and site visit to begin, Fall, 2017.

### **University of Cincinnati Clermont College, September 2002 – May, 2015.**

*Director of Allied Health:* Responsible for coordination and administration of Health career professional associate degree and certificate programs including curriculum development, accreditation, program review and assessment, budget, and staffing. Programs include Medical Assisting, Multi-skilled Health Technology, Physical Therapist Assistant, Respiratory Care, Surgical Technology, Surgical Assisting, and Emergency Medical Services programs  
*Adjunct Assistant Professor:* Provided instruction for allied health and nutrition courses for students in allied health and the Technical and Applied Supervision baccalaureate program at Clermont College.

### **University of Cincinnati College of Nursing, 2006-2011**

*Adjunct Assistant Professor:* Provided instruction for the two nutrition courses in the nursing baccalaureate program, Nutrition for Health and Health Care and Nutrition in Disease, including course development, instruction, and evaluation.

### **Cincinnati State Technical and Community College, 1984 – 2002.**

*Program Chair, Dietetics Technology, 1988-2002, Tenured Faculty (1992-2002), Adjunct Instructor (1984-1988):* Responsible for accreditation maintenance, assessment and program review, curriculum development, budget, staffing, student advising and all program communication and coordination including clinical experiences and cooperative education. Also lead instructor for designated courses in Dietetics curriculum.

**Purcell Center, Council for Epilepsy group home, April 1985 to August 1988.**

*Consultant Dietitian:* Responsible for overseeing all facets of food and nutrition services including menu planning, management of food service operation, sanitation practices, and nutrition assessment and care plans for residents.

**Greater Cincinnati Nutrition Council, Cincinnati, Ohio, February 1980 – October 1982**  
*Nutrition Education Coordinator for the Senior Citizen Nutrition Enrichment Program*

Development and revision of a program curriculum later published for use in elderly nutrition education programs funded through a grant from the Older Americans Act; coordination and scheduling of nutrition education classes at over 40 senior centers in a five county area. Supervised and trained dietetic technicians to supervise and provide nutrition education classes at senior centers. Supervised and mentored dietetic interns. Assisted Project Manager in planning and preparation of evaluation reports and funding proposals; participated in the planning and development of several research studies in the aging and nutrition area.

**Daniel Freeman Medical Center, Inglewood, California, September 1977 – August 1979.**

*Clinical Dietitian:* Total nutritional care for patients including assessment and diet instruction, participation in patient care conference, and nutrition education in several areas (diabetes, coronary heart disease, arthritis, normal nutrition) to groups of inpatients, outpatients and/or staff. Administrative duties included supervision of part-time employees and serving and distribution of evening meals.

➤ *Certifications*

Registered active member of the Academy of Nutrition and Dietetics (AND),  
R496662, 1978-present

Licensed Dietitian, #1986 – State of Ohio, 1987 - present

Certified Health Education Specialist, #7585, 1998-present, awarded Master level certification, April, 2011

➤ *Professional Organizations*

National Network of Health Career Programs in Two Year Colleges, 2002 - present  
Elected Board member, 2009 – 2011, Outreach Committee, 2005- 2007, Accreditation committee, 2009-2015.

Ohio Society for Public Health Education, member, 2008 – 2015.

Academy of Nutrition and Dietetics – Active member since 1978

Site Visitor, Accreditation Council for Education in Nutrition and Dietetics (ACEND),  
1998-2010

Member, Dietetic Educators of Practitioners Practice Group, 1986-2005, 2015 - present

Ohio Dietetic Association – 1980-present

Executive Committee, 1994-95, Legislative Representative, 1996-2002

Greater Cincinnati Dietetic Association – 1980-present

President, 1994-95, Recording Secretary, 1992-93, Chair, Nominating, 1995-96, Chair,

Career Guidance, 1998-2002, Legislative Committee, 1996-2002, Dietetic Technician

Committee, 1998-2002, Hunger Panel, charter member, 1995-2004

Greater Cincinnati Nutrition Council, 1980-2002

Ohio Technical Practice Group, 1988-2002, charter member

Ohio Dietetic Educators of Practitioners, 1986-2002, 2015

Secretary/Treasurer, 1988

➤ *Awards/Publications/Presentations*

Awards

Academy of Nutrition and Dietetics, (formerly American Dietetic Association), *Excellence in Dietetics Education*, 2002

Ohio Dietetic Association, *Outstanding Dietetic Educator*, 2002

Ohio Dietetic Association, *Outstanding Dietetic Educator*, 2001

Coalition for Allied Health Leadership participant, Washington DC, 2003

Coalition for Allied Health Leadership Mentor, Washington DC, 2004

University of Cincinnati Women in Leadership Program, 2012

Poster Sessions

*Healthy Communities: The role of neighborhood support, safety, and belongingness to the physical and mental health of Appalachians*, 2016 Appalachian Translational Research Network conference, Cincinnati, OH, 2016

*The Value of Leadership Development Among Allied Health Professionals*, National Network of Health Career Programs in Two Year Colleges Annual Meeting, Oklahoma City, OK, 2003

*Comparison of Nutrition Education Programs on Calcium Knowledge and/or Milk Consumption*, Ohio Dietetic Association Annual Meeting, April, 2000

*The DTR/RD Team: Is It an Effective Partnership?*, Ohio Dietetic Association Annual Meeting, April, 2000

*The DTR/RD Team: Is It an Effective Partnership?*, XIII International Congress of Dietetics, Edinburgh, Scotland, July, 2000

Professional Presentations

*Good Nutrition: A Way to Manage Stress with Success*, Plug-in + Reboot Workshop, Miami University, Oxford, OH, February 19, 2016

*A Regional Approach to Meeting Health Care Education Needs*, Regional Higher Education Conference, Greater Cincinnati Consortium of Colleges and Universities, Cincinnati, February, 2009.

*Innovation in Collaboration*, American Association of Community Colleges Annual Meeting, Tampa, FL, April, 2007.

*Adjunct Teaching Skills Workshop*, Cincinnati State, 2001, 2002

*The DTR/RD Team: Is It an Effective Partnership?*, XIII International Congress of Dietetics, Edinburgh, Scotland, 2000

*The DTR/RD Team: Is It an Effective Partnership?*, Ohio Dietetic Technician Practice Group, Columbus, Ohio, March, 2000

*Future Practice Roles for Dietetic Technicians*, Ohio Dietetic Technicians Practice Group, Columbus, Ohio, March, 2000

*Redesigning Dietetic Technician Programs for Future Practice Roles*, American Dietetic Association Annual Meeting, Boston, October 1997

*Management of Diet in Diabetes Care*, Cincinnati State, October, 1996

*Interviewing Skills for Dietetic Practitioners – An Interactive Video*, Dietetic Educators of Practitioners Area V Annual Meeting, April, 1995

*Heart Healthy Cuisine*, 14<sup>th</sup> Annual Cardiac Conference, Cincinnati, Ohio, April 1994

*The Winning Combination*, Ohio Dietetic Association Annual Meeting, Cincinnati, Ohio, April 1993

*Nutrition Week Workshop*, hosted by the Cincinnati Enquirer, Cincinnati, Ohio, March, 1993  
*Future Roles for Dietetic Technicians*, Ohio Technical Practice Group, Columbus, Ohio, March 1992

*Heart Healthy Cuisine with a Gourmet Flair*, Cincinnati State, Cincinnati, Ohio, 1989

#### Publications

*Dietetic Educator's Guide*, Dietetic Educators of Practitioners Practice Group, 1999  
*Elderly Nutrition Education and Training Manual*, Senior Citizen's Nutrition Enrichment Project, Greater Cincinnati Nutrition Council, 1982

#### ➤ *Service/College/Community*

Coalition for Healthy Living, Oxford, OH, 2015-present

Area Health Education Center (AHEC) Advisory Committee, 2002 – 2015

Secretary, 2005-06, Vice President, 2006-2008, President, 2008-2010

Clermont County Coalition for Activity and Nutrition, 2010 – 2015

Clermont YMCA Advisory Committee, 2013-2015

Greater Cincinnati College Tech Prep Operations Council, 2002- 2011, coordinator and host for regional College Tech Prep Showcase, 2002-2009

Health Careers Collaborative of Cincinnati, 2007-2012

Accreditation Council for Education in Nutrition and Dietetics site visitor, 1998-2012, Educator workshops, 1996, 1999, 2002, 2008

Cincinnati Human Simulation (CinSim) Operations Council, 2005-06

RWC Nursing Program GAIN Grant Advisory Committee, 2003-2005

Cincinnati Respiratory Care Advisory Committee, 2002 – 2015

UC Emergency Medical Services Advisory Committee, 2002 - 2015

US Grant Career Center, Allied Health Advisory Committee, 2003 – 2014

Colerain High School, Foods and Nutrition Advisory, 1999-2007

UC College of Allied Health, Dietetic Programs Advisory Committee, 1996-2004

Christ Hospital Dietetic Internship Advisory Committee, 1995-1999

Cincinnati Headstart Advisory Committee, 1994-1999

Chair, Nutrition Subcommittee, Cincinnati, Ohio, 1996-98, reviewed and evaluated sites

University of Cincinnati Clermont College, 2002 - 2015

Academic Affairs Instructional Team, 2003 – 2010

Baccalaureate of Technical and Applied Supervision program committee, 2009-2015

Higher Learning Commission self-study committee, Mission Criteria co-chair, 03-06

Strategic Plan steering committee, Program Array subcommittee, 2004 – 2007

Allied Health Advisory Committee, Chair, 2002 – 2015

Coordinator, Tech Prep District Showcase hosted at Clermont College, 2003- 2009

Wellness Committee, chair, 2007 – 2015, Coordinator, Health and Wellness Fair, 2007, 2008, 2009, 2011

#### ➤ *Professional Development*

Ohio Society for Public Health Education annual meeting, 2008 – 2014

UC Academy of Fellow for Teaching and Learning annual conference, 2013

Classroom Assessment workshop taught by Thomas Angelo, 2015

UC Women's Leadership Development Program, August, 2012 – April, 2013

Food and Nutrition Conference and Exposition, Annual Meeting, 15 attended  
Ohio Dietetic Association Annual Meeting, 15 attended  
Area V Annual Meeting, Dietetic Educators of Practitioners, 12 attended  
Ohio Dietetic Educators of Practitioners Annual Meeting, 2015  
Accreditation Council for Education in Nutrition and Dietetics Workshop, 1996, 1999,  
2002, 2008, 2016  
International Congress of Dietetics, Edinburgh, Scotland, 2000  
National Network of Health Career Programs in Two Year Colleges Annual Meeting, 2003  
– 2009, conference planning committee, 2007, elected board member, 2009 - 2011  
Coalition for Allied Health Leadership Workshop, Washington, DC, 2003, 2004