



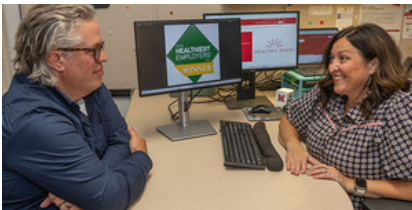
Office of Human Resources Management

Our People. Our Purpose. Our Excellence.

Miami University Named One of the 2026 Healthiest Employers in Ohio

Miami University has been nationally recognized as a [2026 Healthiest Employers of Ohio](#) winner, highlighting our commitment to **employee well-being** and comprehensive **health and wellness programming**.

This recognition highlights Miami University’s continued dedication to fostering a workplace culture that prioritizes **health, wellness, and work-life balance**. As the nature of work evolves, organizations are adapting how they support their teams - placing greater emphasis on **flexibility, mental health, and holistic benefits** to meet employees where they are in their health journeys. We remain committed to enhancing our engagement and well-being program, with an unwavering commitment to excellence.



Open Enrollment & Help Sessions

Take action to review your current plan and select the optimal benefits for the coming year. **Open Enrollment begins in Workday on October 7th and will close on October 30th.** Your new benefits will start January 1, 2027.

STOP BY AND LEARN MORE!

Open Enrollment Help Sessions

- **October 7:** Cole Service Building, 1 – 4 p.m.
- **October 14:** Goggin Ice Center, 2 – 5 p.m.
- **October 15:** Bachelor Hall, 8–10 a.m.
- **October 16:** Hoyt Hall, 11 a.m.–1 p.m.
- **October 20:** Hoyt Hall, 8–10 a.m.
- **October 21:** Cole Service Building, 4–6 p.m.
- **October 22:** Hoyt Hall, 2–4 p.m.
- **October 28:** Hoyt Hall, 8–10 a.m.
- **October 29:** Goggin Ice Center, 8 a.m.–noon
- **October 30:** Hoyt Hall, 10 a.m.–noon and 2–4 p.m.

Flexible Spending Account (FSA) and Health Savings Account (HSA) contributions must be elected during open enrollment, the 2026 contributions cannot be automatically rolled over for 2027.

QUESTIONS? Contact Benefits at Benefits@MiamiOH.edu or 513-529-3926.

Healthy Miami Deadline is November 15

The November 15, 2026 deadline for [Healthy Miami](#) is approaching! Don’t forget to login to your [Health Advocate account](#) and make sure you have completed your steps to keep your discount in 2027!

The Healthy Miami Premium Discount Program is offered to all eligible employees and their spouses who are covered under Miami’s health plan. By engaging in this voluntary program and completing designated health activities, you have the opportunity to **lower your premium expenses** by as much as **\$720 annually**(\$1440 annually with a spouse). **Questions?** Please contact our Wellness Coordinator at MUwellnesscoordinator@trihealth.com or (513) 529-3006.

Quit & Stay Quit: Tobacco Cessation Program presented by TriHealth



Miami University is partnering with TriHealth to offer a comprehensive **tobacco cessation program** designed to help individuals work toward becoming tobacco-free. This 6 week program supports a healthier lifestyle and is offered at **no cost!** Participation in the Quit & Stay Quit coaching program allows you to earn tobacco cessation points for the **Healthy Miami discount**.

Enroll Today!

- **In-person sessions** are held weekly on Wednesdays, 1pm - 2pm, Nov. 18 - Jan. 6, excluding holidays, in Health Services Room 2127.
- **Virtual sessions** are held weekly on Thursdays, 11am - 12pm, Nov. 19 - Jan. 7

FY26 Year-End Performance Evaluations & FY27 Goal Setting Reminder

As we move into FY27, please take a moment to ensure **all outstanding FY26 performance evaluations and goals are completed** as soon as possible. Closing out these items promptly helps ensure accurate records and allows teams to fully transition into the new fiscal year. Additionally, **FY27 Goal Setting** should now be finalized. Employees and supervisors should confirm that goals have been established, reviewed, and completed in Workday for the new performance year.

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