

Vanessa M. A. Sinclair

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Licensure

2013	Licensed Professional Clinical Counselor, with supervision designation License number: E.1200138.supv Ohio Counselor, Social Worker, Marriage & Family Therapist Board
2023	Licensed Professional Clinical Counselor, with supervision designation License number: 287777 Kentucky Board of Licensed Professional Counselors

Education

2023	Doctorate , Counselor Education & Supervision University of Cincinnati
2015	Master of Education , Applied Behavioral Analysis University of Cincinnati
2013	Master of Arts , Clinical Mental Health Counseling Xavier University
2010	Bachelor of Arts , Psychology, graduated cum laude Transylvania University

Teaching Experience

Spring 2023	Adjunct Instructor	COUN 536 Group Process IP	Xavier University
Fall 2022	Adjunct Instructor	COUN 763 Diagnosis of Psychopathology IP	Xavier University
Fall 2022	Adjunct Instructor	COUN 536 Group Process IP	Xavier University
Summer 2022	Supervisor	COUN 773 Counseling Practicum IP	Xavier University
Summer 2022	Adjunct Instructor	COUN 640 Family Relations IP	Xavier University
Spring 2022	Teaching Assistant	CNSL 8014 Child & Adolescent AO	University of Cincinnati
Fall 2021	Visiting Professor	COUN 579 Psych & Achievement Testing IP	Xavier University
Fall 2021	Visiting Professor	COUN 638 Cross Cultural Counseling IP	Xavier University
Fall 2021	Visiting Professor	COUN 763 Diagnosis of Psychopathology IP	Xavier University
Summer 2021	Adjunct Instructor	CNSL 7060 Internship SO	University of Cincinnati
Summer 2021	Adjunct Instructor	COUN 640 Family Relations SO	Xavier University
Summer 2021	Supervisor	COUN 773 Counseling Practicum SO	Xavier University
Spring 2021	Supervisor	COUN 773 Counseling Practicum SO	Xavier University
Spring 2021	Adjunct Instructor	COUN 536 Group Process SO	Xavier University
Spring 2021	Adjunct Instructor	CNSL 7060 Internship SO	University of Cincinnati
Spring 2021	Adjunct Instructor	CNSL 8048 Couples & Families SO	University of Cincinnati
Spring 2021	Supervisor	CNSL 773 Counseling Practicum SO	University of Cincinnati
Fall 2020	Supervisor	COUN 773 Counseling Practicum SO	Xavier University
Fall 2020	Supervisor	CNSL 7021 Counseling Techniques SO	University of Cincinnati
Summer 2020	Adjunct Instructor	COUN 640 Family Relations SO	Xavier University
Summer 2020	Supervisor	COUN 773 Counseling Practicum SO	Xavier University
Spring 2020	Supervisor	COUN 773 Counseling Practicum IP/SO	Xavier University
Spring 2020	Adjunct Instructor	COUN 536 Group Process IP/SO	Xavier University
Fall 2019	Supervisor	COUN 773 Counseling Practicum IP	Xavier University

*IP=in person course; AO=asynchronous online course; SO=synchronous online course

Service & Leadership

2022-2023	NCACES Government Relations Committee Member
2022	NCACES Conference 2022 Volunteer
2022-2023	Chi Sigma Iota Counseling Academic & Professional Honor Society; Doctoral Liaison, University of Cincinnati
2022-2023	NCACES Emerging Leader
2022-current	University of Cincinnati's Counselors for Social Justice Group Member
2021	Xavier University Practicum/Internship Site Visits
2021-2022	Counselors for Social Justice Anti-Racism Group Member
2021-2022	Chi Sigma Iota Counseling Academic & Professional Honor Society; President, University of Cincinnati
2021	ACES Conference 2021 Volunteer
2021-2022	Doctoral Student Mentor; University of Cincinnati
2021-2022	Counselors for Social Justice Mentorship Program, mentee
2021	Grant Proposal Reviewer, Association for Child and Adolescent Counseling
2012-2013	Chi Sigma Iota Counseling Academic & Professional Honor Society; Co-President, Xavier University

Counseling Experience

2022-current	Cincinnati Children's Hospital & Medical Center, Integrative Behavioral Health Counselor (Cincinnati, OH)
2018-2020	Cincinnati Children's Hospital & Medical Center, Residential Clinical Counselor (Cincinnati, OH)
2015-2018	Waybridge Counseling, Clinical Counselor & Supervisor (Cincinnati, OH)
2014-2018	Child Focus, Inc., School-Based Therapist & Supervisor (Cincinnati, OH)
2013-2014	Positive Leaps, Clinical Counselor (Cincinnati, OH)
2012-2013	Central Clinic, Counselor Trainee, Practicum-Internship (Cincinnati, OH)

Research

Counselors as Social Justice Advocates – Qualitative Study (IRB Approved, 2022-0948)

School-Based Mental Health Counselors Role and Collaboration with School Counselors – Qualitative Study (IRB Approved, 2020-0580)

Manuscripts

Bates, D., Peterson, G., & **Sinclair, V.** (Manuscript accepted). Exploring the environmental impacts of telemental health counseling: Balancing accessibility, sustainability, and climate concerns. *Journal of Technology in Counselor Education and Supervision*.

Sinclair, V., La Guardia, A. C., Saunders, R. M., Tichavakunda, A. A. (2024). Counselors as social justice advocates: Experiences addressing systemic marginalization. *Journal for Social Action in Counseling and Psychology*, 16(1), 19-42. <https://doi.org/10.33043/y6594b8924>

Alvarez, J., Saunders, R., **Sinclair, V.**, Goodman-Scott, E., & Smith-Durkin, S. (Manuscript in preparation). Using

the ADDRESSING model to serve the intersectionality of student race and disability: Recommendations for school counselors.

Alvarez, J., Saunders, R., & **Sinclair, V.** (Manuscript in preparation). Optimizing student well-being: Exploring a collaborative model between school counselors and school-based mental health counselors.

Presentations

Sinclair, V. (2024, August 23). *Managing behaviors in kids 5 and under* [Educational session]. Cincinnati Children's Hospital and Medical Center, Cincinnati, OH.

Sinclair, V., Zengel, A., Merk, L., & McClure, J. (2023, September 20-22). *Fostering connection and collaboration: A regional approach to expanding and sustaining pediatric integrated behavioral health in primary care practices* [Blitz session]. DREAM IPC Conference, Wilmington, DE.

Sinclair, V., Losey, B., & Ottke-Moore, C. (2022, September 29-October 1). *Using the reflecting team approach with master's level practicum students* [Educational session]. North Central Association for Counselor Education and Supervision Conference, Omaha, NE.

Alvarez, J., Saunders, R., & **Sinclair, V.** (2022, September 29-October 1). *Effective strategies to prepare school counselor trainees to work with students with disabilities* [Educational session]. North Central Association for Counselor Education and Supervision Conference, Omaha, NE.

Bates, D., Richardson, G., & **Sinclair, V.** (2022, June 22-24). *The dark side of masculinity: A positive psychology perspective* [Educational session]. American Mental Health Counselors Association Conference, Las Vegas, NV.

Sinclair, V., Dell, J., & McClure E. A. (2021, October 27-29). *How counselors can advocate to reduce the perpetuation of trauma within the foster care system* [Educational session]. All Ohio Counselor's Conference, Columbus, OH.

Dell, J., McClure, E. A., & **Sinclair, V.** (2021, October 6-9). *Dismantling white supremacy within the counselor educator role* [Poster presentation]. The Association for Counselor Education and Supervision Conference, Atlanta, GA.

Alvarez, J., Saunders, R., & **Sinclair, V.** (2021, October 6-9). *Effective strategies for counselor educators to help prepare school counselor trainees to work with students with disabilities* [Educational session]. The Association for Counselor Education and Supervision Conference, Atlanta, GA.

Sinclair, V. & Price, A. (2017, August). *Trauma-informed care in schools* [Educational session]. Forest Hills School District Professional Development Training, Cincinnati, OH.

Sinclair, V. (2016, August). *Trauma-informed care in schools* [Educational session]. Forest Hills School District Professional Development Training, Cincinnati, OH.

Awards/Recognitions

2022	NCACES Graduate Student Research Grant, \$750
2013	Counseling Student Award, Xavier University

Trainings & Certifications

2019	Trauma Focused Cognitive Behavioral Therapy Certification
2014	Dialectical Behavior Therapy Training

Professional Memberships

Current	Chi Sigma Iota Counseling Academic & Professional Honor Society
Current	American Counseling Association
	Division of Child and Adolescent Counseling
	Division of Counselor Education and Supervision
	Division of Counselors for Social Justice