

Kayleigh A. Gregory, PhD, MSW, LISW-S

Curriculum Vitae (CV)

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Topic

1. Education
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1. EDUCATION

Doctor of Philosophy (Ph.D.) in Health Education, University of Cincinnati, Cincinnati, OH, April, 2022 - GPA - 3.97

Dissertation Research Topic: Examination of Physical Pain and Anxiety Problems with School Engagement and Prosocial Behavior Participation among U.S. Adolescents

Masters in Social Work (MSW) University of Cincinnati, Cincinnati, Ohio, May 2017

Bachelors in Psychology (B.A) University of South Carolina, Columbia, SC, May 2015

Technology/ Software Skills: Microsoft Office Programs, Blackboard, Canvas, Statistical Package for the Social Sciences (SPSS)

Licensure: Licensed Independent Social Worker with Supervision Designation, Number: I.2002058

2. PROFESSIONAL EXPERIENCE

Licensed Independent Social Worker, Mindfully, Cincinnati, Ohio, February 2022 – present

Responsibilities include developing client centered treatment plans with specific goals and objectives and providing therapeutic counseling in accordance with such plans. I apply a variety of psychological methods and techniques in screening, assessment and evaluation of clients and provide referrals to other social service agencies as appropriate.

Licensed Independent Social Worker, Elevate Physical Therapy, Cincinnati, Ohio, December 2022 – present

Responsibilities include various speaking events on perinatal and postpartum mental health conditions, individual therapy where I apply a variety of psychological methods and techniques in screening, assessment and evaluation of clients and provide referrals to other social service agencies as appropriate. I also am co-leading a support group on chronic pain with a DPT.

Wellness Coach, Labcorp, Cincinnati, Ohio, January 2022 – present

Responsibilities include wellness coaching in various areas to employees 20 hours a month.

Full Time Adjunct Professor, University of Cincinnati. Cincinnati, Ohio, August 2022-present

Responsibilities include teaching eighteen credit hours per year in the public health and social work program.

PhD Student Research Coordinator, Cincinnati Children's Hospital Medical Center, Cincinnati, Ohio, August 2021-January 2022

Responsibilities included screening, recruiting and enrolling research participants in the Emergency Department for Dr. Mahabee-Gitten's ADVOCATE study.

Graduate Assistant Health Education Program, University of Cincinnati, Cincinnati, Ohio, August 2019 – April 2022

Responsibilities include assisting faculty with research and teaching two college level courses a semester as instructor of record. Courses are listed below.

Graduate Research Assistant Health Education Program, University of Cincinnati, Cincinnati, Ohio, May 2020 – April 2022

Responsibilities included serving as a research assistant on a NIH-funded study and conducting qualitative data collection and analysis.

Licensed Independent Social Worker, Hyde Park Counseling Professionals, Cincinnati, Ohio, February 2020 – February 2022

Responsibilities include developing client centered treatment plans with specific goals and objectives and providing therapeutic counseling in accordance with such plans. I apply a variety of psychological methods and techniques in screening, assessment and evaluation of clients and provide referrals to other social service agencies as appropriate.

Adolescent and Transition Medicine Social Worker, Cincinnati Children's Hospital, Cincinnati, Ohio, July 2017- August 2019

Responsibilities included identifying the psychosocial needs and concerns of patients and families, provided mental health support and establish safety contracts as needed, referred patients as needed to Emergency Department, pinpointed community resources to assist with various needs, collaborated with providers, such as physicians, dieticians, other social workers/therapists, and psychiatrists to ensure continuity of care, and assisted patients and their families in the transition of pediatric to adult primary care.

Research Assistant to Regional Epidemiologist, Ohio Mental Health and Addiction Board, Cincinnati, Ohio, September 2018 – January 2019

Responsibilities included assisting in conducting and transcribing qualitative interviews and focus groups for people in treatment for substance use disorders. The Ohio Substance Abuse

Monitoring (OSAM) Network study determines what funds the state can qualify for in prevention and intervention for substance use disorders.

Mental Health Therapist, Central Clinic, Young Child Institute, Cincinnati, Ohio, September 2016 – July 2017

Responsibilities included conducting intake and diagnostic assessments, treatment plans, individual and family therapy for children birth to five years of age presenting with problems such as sexual/physical abuse, neglect, behavioral concerns in school and oppositional behaviors. I also educated parents and childcare professionals in supporting children's healthy development.

Fellow, University of Cincinnati, Social Work Program, Cincinnati, Ohio, August 2016 – April 2017

Responsibilities included completing coursework, and extra courses in Interprofessional collaboration, SBIRT, Child Mental Health and educational services relevant to client population. I was a member of the Serving At-Risk Youth Fellowship Experience (SAFE). I received invaluable training and experience with children, adolescents and transitional youth at risk of developing or have developed significant behavioral health disorders.

Student Leader, University of Cincinnati, Social Work, Nicaragua Study Abroad, Cincinnati, Ohio, Volunteer 2016, Student Leader 2017,

Responsibilities included working with a local NGO to contribute educational expertise and experience to local community. I was recognized as "student leader" and facilitated debriefs abroad. I also assisted in interviewing process for 2017 applicants.

Individual Therapist and Social Skills Facilitator Intern, University of Cincinnati Transition and Access Program, TAP, Cincinnati, Ohio, September 2015 – April 2016

Responsibilities included providing mental health supports to a group of students with developmental disabilities and co-facilitated a series of weekly social skill groups based on the PEERS model. I also worked with College of Education in piloting the curriculum.

Graduate Research Assistant, University of Cincinnati, Department of Allied Health Sciences, Cincinnati Ohio, August 2015 – April 2017

Responsibilities included conducting research participant recruitment activities and interviews. I performed quantitative data entry, qualitative data analysis, and literature reviews under supervision of Dr. Shauna P. Acquavita.

3. **PROFESSIONAL PUBLICATIONS**

1. **Gregory, K. A.**, King, K. A., Vidourek, R. A., & Merianos, A. L. (2022). Physical pain and participation in organized activities among U.S. adolescents. *Health Behavior Research*, 5(3), 1-17.
2. **Gregory, K. A.**, Vidourek, R. A., King, K. A., & Merianos, A. L. (2022). Current anxiety problems and organized activity participation among U.S. adolescents. *Current Psychology*, 1–13. Advance online publication. <https://doi.org/10.1007/s12144-022-03717-4>
3. **Gregory, K. A.**, Vidourek, R. A., King, K. A., & Merianos, A. L. (in press). Examination of current anxiety problems with school engagement and volunteer and paid work among U.S. adolescents. *The Journal of School Nursing*.
4. **Gregory, K.A. (2022)**. Examination of Physical Pain and Anxiety Problems with School Engagement and Prosocial Behavior Participation among U.S. Adolescents. [Doctoral dissertation, University of Cincinnati].
5. Acquavita, S. P., Lowe, L., **Fiser, K.**, & Sherba, R. T. (2022 January). Perspectives of Treatment Consumers, Treatment Providers and Law Enforcement on Drug Prevention and Treatment. *Ohio Journal of Public Health*, 4, 2, 14-21. <https://doi.org/10.18061/ojph.v4i2.8299>
6. Merianos, A. L., **Fiser, K. A.**, Mahabee-Gittens, E. M., Lyons, M. S., & Gordon, J. S. (2022). Barriers to implementation of pediatric emergency department interventions for parental tobacco use and dependence: A qualitative study using the theoretical domains framework. *Implementation Science Communications*, 3(1), 3.
7. Merianos, A. L., **Fiser, K. A.**, Mahabee-Gittens, E. M., Lyons, M. S., Stone, L., & Gordon, J. S. (2022). Clinical decision support for tobacco screening and counseling parents of pediatric patients: A qualitative analysis of pediatric emergency department and urgent care professionals. *Drug and Alcohol Dependence Reports*, 2, 100019.
8. Olaniyan, A. C., Fiser, K. A., Nabors, L. A., Merianos, A. L. (2022). College Students' Perceptions of How Others Impact Their Perceptions and Behaviors Related to Contagious Illnesses During the COVID-19 Pandemic. *American Journal of Health Studies*. 36(3).
9. Nabors, L. A., Lang, M. L., **Fiser, K. A.**, & Merianos, A. L. (2021). Family resilience and health among adolescents with asthma only, anxiety only, and comorbid asthma and anxiety. *Journal of Asthma*, 58(12), 1599-1609.

10. Merianos, A. L., Nabors, L. A., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (2021). Exposure to tobacco smoke and temperament among U.S. children 0-5 years old. *Journal of Pediatric Psychology*, 46(4), 454–464. <https://doi.org/10.1093/jpepsy/jsaa123>
11. Merianos, A. L., Jandarov, R. A., Choi, K., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (2021). Combustible and electronic cigarette use and insufficient sleep among U.S. high school students. *Preventive Medicine*, 147, 106505. <https://doi.org/10.1016/j.ypmed.2021.106505>
12. Acquavita, S. P., Talks, A., & **Fiser, K. A.** (2017). Facilitators and barriers to cigarette smoking while pregnant for women with substance use disorders. *Nicotine & Tobacco Research*, 19(5), 555–561. <https://doi.org/10.1093/ntr/ntw268>

4. **PRESENTATIONS**

1. **Gregory, K. A.**, Vidourek, R. A., King, K. A. Merianos, A. L. (2022, February 23). *Examination of Physical Pain with School Engagement and Prosocial Behavior Participation among U.S. Adolescents*. Oral Presentation at the College of Education, Criminal Justice, and Human Services. Eighth Annual Diversity Matters Research Day, University of Cincinnati.
2. Oloruntoba, O., Aggad, R., Soladoye, E., Merianos, A. L., Bergeron, C. D., Boolani, A., Gregory, K. A., & Smith, M. L. (March 21, 2023). *Associations of musculoskeletal pain and depression among healthcare workers*. Oral presentation at Texas A&M University Student Research Week. College Station, TX.
3. Oloruntoba, O., Aggad, R., Soladoye, E., Merianos, A. L., Bergeron, C. D., Boolani, A., **Fiser, K. A.**, & Smith, M. L. (May 19, 2022). *Musculoskeletal pain and depression among healthcare workers providing direct patient care*. Oral presentation at the Texas Public Health Association Annual Education Conference. Virtual.
4. Merianos, A. L., Nabors, L. A., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (March 2021). *Tobacco smoke exposure status and family resilience among U.S. school-aged children*. Poster presentation at the American Academy of Health Behavior Annual Scientific Meeting. Virtual.
5. Merianos, A. L., Jandarov, R. A., Choi, K., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (March 2021). *Combustible and electronic cigarette use and insufficient sleep among U.S. high school students*. Poster presentation at the American Academy of Health Behavior Annual Scientific Meeting. Virtual.
6. Published abstract: Merianos, A. L., Jandarov, R. A., Choi, K., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (2020). The American Academy of Health Behavior 2020 Annual Scientific Meeting:

Transforming the narrative to meet emerging health behavior challenges. *Health Behavior Research*, 3(2), 58.

7. **Fiser, K. A.**, Nabors, L. A., Mahabee-Gittens, E. M., & Merianos, A. L. (March 2021). *Exposure to tobacco smoke and family resilience among a national sample of school-aged children*. Oral presentation at the College of Education, Criminal Justice, Human Services, and Information Technology Spring Research Conference. Virtual.
8. Merianos, A. L., **Fiser, K. A.**, Gordon, J. S., Lyons, M. S., & Mahabee-Gittens, E. M. (February 2021). *Barriers to implementing the clinical practice guidelines for treating tobacco use and dependence among parents of pediatric emergency department patients*. Podium presentation at the Society for Research on Nicotine and Tobacco Annual Meeting. Virtual.
9. **Fiser, K. A.**, Nabors, L. A., Mahabee-Gittens, E. M., & Merianos, A. L. (February 2021). *Exposure to tobacco smoke and family resilience among a national sample of school-aged children*. Oral presentation at the College of Education, Criminal Justice, Human Services, and Information Technology Diversity Matters Research Day, University of Cincinnati, Cincinnati, OH.
10. Olaniyan, A. C., **Fiser, K. A.**, Nabors, L. A., & Merianos, A. L. (February 2021). *College students of color: How others influence their perceptions of COVID-19*. Oral presentation at the College of Education, Criminal Justice, Human Services, and Information Technology Diversity Matters Research Day, University of Cincinnati, Cincinnati, OH.
11. Merianos, A. L., Nabors, L. A., **Fiser, K. A.**, & Mahabee-Gittens, E. M. (February 2021). *Exposure to tobacco smoke and early childhood temperament among US children 0-5 years old*. Poster presentation at the Society for Research on Nicotine and Tobacco Annual Meeting. Virtual.
12. **Fiser, K. A.**, & Merianos, A. L. (January 2020). *Electronic cigarette use and insufficient sleep among U.S. high school students*. Poster presentation at the College of Education, Criminal Justice, and Human Services Diversity Matters Research Day, University of Cincinnati, Cincinnati, OH.
13. **Fiser, K. A.** (March 2018 and 2019). University of Cincinnati MSW Class Theories in Developmental Disabilities and Human Development, *Transition*.
14. **Fiser, K. A.** (March 2018 and April 2019). Cincinnati Children's Hospital, Middle School Symposium, *Social Work Profession*.
15. Acquavita, S. P., & **Fiser, K. A.** (July 2018). A University-Community partnership mentorship program for social work students working with youth with behavioral health disorders, Dublin, Ireland.
16. Cincinnati Children's Hospital Medical Center, Psychiatry, *Transition Medicine*. (March 2018).

17. Acquavita, S. P., McCarthy, M. & **Fiser, K. A.** (February 2018). *Hand in hand: The development of a partners' guide to stopping smoking together*. Poster presentation at the Society of Research on Nicotine and Tobacco, Baltimore, MD.
18. Transition Bootcamp, Sharonville Convention Center, CCHMC Booth, *Transition Medicine*. (November 2017).
19. Grand Rounds Presentation for University of Cincinnati Medical Center. (February 2017). Student perspective on an Interprofessional course on SBIRT.
20. Acquavita, S. P., & **Fiser K. A.** (January 2017). Summary of the research that shows the evidential basis for SBIRT's effectiveness with youth. For UHCAN Ohio.
21. Acquavita, S. P., Talks, A., & **Fiser, K. A.** (March 2016). *Exploring facilitators and barriers to smoking cessation with pregnant women with substance use disorders*. Poster presentation at the Society for Research on Nicotine and Tobacco Annual Conference, Chicago, IL.

5. **AWARDS**

1. Recipient, Darwin T. Turner Scholars 2020 Breakfast of Champions Medal of Honor (Scholar - Gracy Vasquez). Received from the University of Cincinnati Office of Ethnic Programs and Services, Cincinnati, OH, February 2020.
2. Graduate Assistantship, University of Cincinnati, 2019-2020
3. Deaconess Associations Scholarship InterAct for Change, 2016
4. Graduate Assistantship, University of Cincinnati, 2015-2017
5. Spanish 122 Class, Most promising language learners, University of South Carolina, 2014
6. University of Dayton Father Chaminade Scholarship, 2011
7. University of Dayton Adele Scholarship, 2011
8. Dean's List 3.5+ 2012-2017

6. **PROFESSIONAL SERVICE**

1. Reviewer, American Academy of Health Behavior (AAHB) 2022
2. Graduate Admissions Assistant, Health Education Program, University of Cincinnati, 2021- 2022
3. University of Cincinnati Mentorship Program for MSW Program 2020-2021, 2022-2023
4. Various talks for local community groups including Cincy Postpartum and Nurtured

5. Reviewer, APHA Abstracts 2020 and 2021
Public Health Social Work
Maternal and Child Health Program
Breastfeeding Program
6. Big Brothers and Sisters, 2019
7. Certified Respite Foster Care Provider, 2021

7. PROFESSIONAL TEACHING EXPERIENCE – SUMMARY OF COURSES TAUGHT

Introduction to Social Work Hybrid, (SW 1050), University of Cincinnati Clermont
 Introduction to Social Welfare Hybrid, (SW 1051), University of Cincinnati Clermont
 Families in America, 7-week course (SW 2050), University of Cincinnati Clermont
 Families in America, (SW 2050), University of Cincinnati Clermont
 Motivational Interviewing, 7-week course, (HSST 1041), University of Cincinnati Clermont
 Stress Reduction (HPE 2026), University of Cincinnati
 Stress Management (HFL 1094), University of Cincinnati
 Performance Enhancing Drugs (HPE 2008), University of Cincinnati
 Nutrition (HPE 1012), University of Cincinnati
 Philosophy of Sport (HFL 2005), University of Cincinnati
 Historical Perspectives of Health (HPE 1010), University of Cincinnati
 Sport and Community (HFL 2004), University of Cincinnati
 Human Sexuality (HPE 2000), University of Cincinnati
 Issues Global Sport (HFL 2003), University of Cincinnati
 Introduction to Epidemiology (HPE 1004), University of Cincinnati

8. SUMMARY OF PhD WORK

Emerging Health Issues
 Foundations of Health Promotion
 Health Communication
 Health Education in Academia
 Health Promotion Planning
 Individualized Study in Health Promotion & Education (Qualitative Research)
 Individualized Study in Health Promotion & Education (Quantitative Research)
 Readings in Health Promotion & Education
 Health Promotion Education Measures & Evaluations
 Survey Research

Research Methods in Health Promotion & Education
Health Sciences Statistics
Reading & Analyzing Health Research
Best Practices in Teaching
Community Organization and Program Management
Social and Behavioral Foundations of Public Health

9. *TRAININGS*

Interprofessional Screening, Brief Intervention, Referral and Treatment (SBIRT) Training for Professionals, University of Cincinnati

Post-Partum Mental Health Training

Trauma Focused Cognitive Behavioral Therapy (TF-CBT) Online Training Web

Mental Health Youth and Adult First Aid

Human Trafficking Training

CITI Training

Dialectical Behavioral Therapy (DBT) Certified

Community Leaders Institute (CLI) 5-week leadership development research training and grant program

PSI Perinatal Mood and Anxiety Disorders 2 day Certificate