

# Bryn M. Beeder, MS, RD, LD

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## PROFESSIONAL SUMMARY

Registered Dietitian and university instructor with experience in both clinical and academic nutrition. Skilled in course development, interdisciplinary collaboration, and translating evidence-based nutrition into engaging, student-centered learning experiences. Passionate about mentoring future health professionals and exploring how sensory environments and communication influence food decisions.

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## EDUCATION

### **M.S., Health Administration**

Rosalind Franklin University – 2017

### **B.S., Kinesiology and Health – Nutrition (Dietetics focus)**

### **B.A., Psychology (Psychopathology focus)**

Miami University, Oxford, OH – 2014

**Honors:** magna cum laude, Phi Beta Kappa, University Honors Program

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## TEACHING EXPERIENCE

### **Miami University, Oxford, OH**

*Visiting Instructor / Adjunct Instructor, School of Kinesiology, Nutrition, and Health*

2019–2020, 2022–Present

### **Courses Taught:**

- KNH 102: Food, Nutrition & Health (in-person & online)
- KNH 202: Nutrition Across the Life Span (in-person & online)
- KNH 304: Advanced Nutrition
- KNH 403/503: Nutrition Counseling & Communication Skills
- KNH 404: Advanced Food Science (with lab)
- KNH 409/509: Nutrition for Sports & Fitness

### **Highlights:**

- Designed and taught 100% of course content for all listed courses
  - Developed applied, evidence-based assignments: case studies, athlete nutrition analysis, food insecurity initiatives, intercultural reflection projects
  - Regularly earned high student evaluation scores (3.4–4.0 / 4.0)
  - Integrated technologies including TopHat to support student engagement
  - Hosted and facilitated multiple guest speakers from clinical and sports nutrition fields
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## CURRICULUM DEVELOPMENT

- KNH 102: Created a scalable, modular curriculum with Signature Inquiry & Biological Science designation
  - KNH 202: Designed interdisciplinary, life-stage focused activities and assignments
  - KNH 403/503: Developed hybrid format with intercultural counseling, ethics case studies, and applied education presentations
  - KNH 404: Laboratory-based research project focused on product development, sensory testing, and nutrition modifications
  - KNH 409/509: Athlete lifecycle nutrition analysis and supplement evaluation projects
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## CLINICAL EXPERIENCE

### **University of Cincinnati Hospital, Cincinnati, OH**

*Registered Dietitian – Solid Organ Transplant (Inpatient/Outpatient)*

2017–2020

- Lead RD for inpatient kidney & pancreas transplant team; provided MNT across care continuum
- Delivered outpatient diabetes education across hospital sites
- Cross-covered liver transplant, medical, surgical, and neurological intensive care units and general medical nutrition therapy floors

### **Genesis Healthcare**

*Registered Dietitian, KY & NJ locations*

2015–2017

- Provided MNT in long-term care, dementia care, and rehab units
- Proposed and implemented a cost-effective nutrition supplement intervention

### **The Cleveland Clinic**

*Dietetic Intern – Center for Human Nutrition*

2014–2015

- Completed advanced rotations in ICU, oncology, eating disorders, bariatrics, GI, and internal medicine
  - Collaborated on treatment plans with interdisciplinary teams; performed NFPE and MNT planning
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## RESEARCH EXPERIENCE

### **ART Grant Research Project (2023–2025)**

*How Taste Perception is Influenced by Augmented Reality*

- Role: Research collaborator and thesis committee member
  - Participated in IRB prep, participant trials, and manuscript review
  - Supported Melise Gresham's master's thesis, in revision for *Journal of Food Science*
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## PUBLICATIONS

Beeder, B. (2025, Jan 21). *Electrolyte beverages can help your body stay balanced – but may worsen symptoms if you're sick*. The Conversation. <https://theconversation.com/electrolyte-beverages-can-help-your-body-stay-balanced-but-may-worsen-symptoms-if-youre-sick-243763>

Gresham, M., Alessio, H., Beeder, B., & Parkinson, N. (2024). *How Taste Perception is Influenced by Environment Using Augmented Reality Goggles* [Master's thesis, Miami University]. OhioLINK. [http://rave.ohiolink.edu/etdc/view?acc\\_num=miami1732310717893625](http://rave.ohiolink.edu/etdc/view?acc_num=miami1732310717893625)

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## PRESENTATIONS & INVITED TALKS

### **Miami Presents: A Practical Guide to Food & Hydration Choices**

Alumni Learning Consortium, Miami University, April 2025

- Public webinar focused on mindful eating, intuitive food decisions, and hydration misinformation

### **Girl Gains Club, Miami University**

April 2024

- Guest speaker on intuitive and mindful eating for college students

### **AAUW Nutrition Workshop, Hamilton Chapter**

April 2023

- Cooking demo and nutrition Q&A for community members
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## GRANTS & FUNDING

### **Interdisciplinary Teaching Grant – Miami University (2025)**

Role: Co-Investigator | Amount: \$5,000

- Supports collaboration between Nutrition, Athletic Training, and Education faculty to deliver Lunch & Learn programming on nutrition and its role across disciplines
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## STUDENT MENTORSHIP

- Honors project advisor for students in KNH 102 & 202 (Mindful Eating, Sports Supplement Marketing)
  - Committee member: M.S. + DI exit projects (Melise Gresham, Sydney Schwab)
  - 20+ letters of recommendation written for internships and graduate programs (2023–present)
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## **SERVICE & OUTREACH**

- Co-leader: Phillips Hall Lunch & Learn Nutrition Series (2022–present)
  - Organizer/collaborator: Miami Nutrition Conference (2022–2023)
  - Speaker & planner: ROTC Nutrition Seminar, residence hall demos, CPAC staff wellness events
  - Faculty Advisor for student Living Learning Community (2025-2026)
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## **PROFESSIONAL DEVELOPMENT**

- Mental Health First Aid Certified (2023-2026)
  - Conferences: FNCE Front Row (2022), Food is Medicine Summit – Tufts (2023)
  - CITI Program Certified (Human Subjects Research)
  - CEUs through Academy of Nutrition & Dietetics, Today's Dietitian, Orgain
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## **CERTIFICATIONS & LICENSURE**

- Registered Dietitian (RD), Commission on Dietetic Registration
  - Licensed Dietitian (LD), State of Ohio
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## **PROFESSIONAL AFFILIATIONS**

- Academy of Nutrition and Dietetics