Christine E. Pacewicz

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Google Scholar | Research Gate

EDUCATION		
2019	Ph.D.	KINESIOLOGY, Michigan State University – East Lansing, MI Concentration: Psychosocial Aspects of Sport and Physical Activity Major Advisor: Dr. Alan Smith
2015	M.A.	SPORT & EXERCISE PSYCHOLOGY, Minnesota State University – Mankato, MN <i>Major Advisor: Dr. Jedediah Blanton</i>
2013	B.S.	EXERCISE SCIENCE and PSYCHOLOGY, Elon University – Elon, NC Double minor in Neuroscience and Public Health Summa Cum Laude Major Advisor: Dr. Wally Bixby

PROFESSIONAL EXPERIENCE

2022-present	Assistant Professor, Sport Leadership and Management Department, Miami University
2020-2022	Program Coordinator, Exercise Science, Saginaw Valley State University
2019-2022	Assistant Professor, Kinesiology Department, Saginaw Valley State University
2015-2019	Graduate Teaching Assistant, Kinesiology Department, Michigan State University
2015-2018	Graduate Research Assistant, Kinesiology Department, Michigan State University
2014-2015	Graduate Teaching Assistant , Human Performance Department, Minnesota State University
2013-2014	Graduate Assistant, the Center for Sport and Performance, Minnesota State University
2013-2014	Director of Tracking Services , Center for Sport and Performance, Minnesota State University

CERTIFICATIONS

2021	ACSM/NPAS Physical Activity in Public Health Specialist Competencies: Planning and Evaluating, Intervention, Data and Scientific Information, Exercise Science in Public Health Setting, Partnerships, and Organizational Structure
2021	Certification in Mental Health First Aid, National Council for Behavioral Health
2019	Certification in Online and Hybrid Teaching, Saginaw Valley State University
2017	Certification in College Teaching, Graduate School, Michigan State University Competencies: Developing disciplinary teaching strategies, creating effective learning environments, incorporating technology in teaching, understanding the university context, and assessing student learning

SCHOLARSHIP

Refereed Journal Articles

- 15. Mellano, K. T., & **Pacewicz, C. E.** (in press). The influence of social support provider on adolescent athlete burnout and engagement. *Journal of Clinical Sport Psychology.*
- 14. Myers, N. D., **Pacewicz, C. E.,** Hill, C. R., & Chun, H. (2023). Factor analysis with ordered categorical indicators and measurement of self-efficacy in physical activity contexts: A substantive-methodological synergy. *Measurement in Physical Education and Exercise Science*. https://doi.org/10.1080/1091367X.2023.2186789
- 13. **Pacewicz, C. E.,** Hill, C. R., Karlinsky, A., & Samendinger, S. (2023). Testing measurement invariance of the 7-item Social Physique Anxiety Scale. *Measurement in Physical Education and Exercise Science*. https://doi.org/10.1080/1091367X.2023.2173527

- 12. **Pacewicz, C. E.**, Rowley, T. R., & Savage, J. (2023). The role of physical activity on the link between stress, burnout, and well-being in Athletic Trainers. *Journal of Athletic Training*. https://doi.org/10.4085/1062-6050-0160.22
- 11. **Pacewicz, C. E.,** & Smith, A. L. (2023). Communication profiles and sport experiences of collegiate track and field athletes. *Psychology of Sport & Exercise*, 102450. https://doi.org/10.1016/j.psychsport.2023.102450
- 10. Madigan, D. J., Gustafson, H., Hill, A. P., Mellano, K. T., **Pacewicz, C. E.**, Raedeke, T. D., & Smith, A. L. (2022). Perspectives on the future of burnout in sport. *Journal of Clinical Sport Psychology*, *16*, 75-88. https://doi.org/10.1123/jcsp.2021-0045
- Pacewicz, C. E., Hill, C., Lee, S., & Myers, N. D., Prilleltensky, I., McMahon, A., Pfeiffer, K. A, & Brincks, A. M. (2022). Testing measurement invariance in physical education and exercise science: A tutorial using the well-being self-efficacy scale. *Measurement in Physical Education and Exercise Science*, 26, 165-177. http://dx.doi.org/10.1080/1091367X.2021.1964508
- 8. **Pacewicz, C. E.**, & Smith, A. L. (2022). Teammate relationships, loneliness, and the motivational and well-being experiences of adolescent athletes. *Journal of Clinical Sport Psychology*, *16*, 3-22. https://doi.org/10.1123/jcsp.2021-0015
- 7. Battista, R. A., Bouldin, E. D., Pfeiffer, K. A., **Pacewicz, C. E.**, Siegel, S. R., Martin, E. M, True, L., Branta, C. F., Haubenstricker, J. L., & Seefeldt, V. (2021). Childhood physical fitness and performance as predictors of high school sport participation. *Measurement in Physical Education and Exercise Science*, *25*(1), 43-52. https://doi.org/10.1080/1091367X.2020.1865964
- 6. **Pacewicz, C. E.**, & Myers, N. D. (2021). Latent growth curve modeling in exercise science. *Measurement in Physical Education and Exercise Science*, *25*(1), 53-65. https://doi.org/10.1080/1091367X.2020.1803331
- 5. **Pacewicz, C. E.**, Pfeiffer, K. A., Nuttall, A. K., Branta, C. F., Haubenstricker, J. L., & Seefeldt, V. (2021). Influence of adiposity and maturation on motor performance in girls from age 8 to 16 years. *Measurement in Physical Education and Exercise Science*, 25(1), 66-77. https://doi.org/10.1080/1091367X.2020.1802729
- Siegel, S. R., True, L. T., Pfeiffer, K. A., Wilson, J. D., Martin, E. M., Branta, C. F., Pacewicz, C. E., & Battista, R. A. (2021). Recalled age at menarche: A follow-up to the Michigan State University Motor Performance Study. Measurement in Physical Education and Exercise Science, 25(1), 78-86. https://doi.org/10.1080/1091367X.2020.1769633
- 3. **Pacewicz, C. E.**, Smith, A. L., & Raedeke, T. D. (2020). Group cohesion as predictors of self-determined motivation and burnout in adolescent female athletes. *Psychology of Sport and Exercise*, *50*, 101709. https://doi.org/10.1016/j.psychsport.2020.101709
- 2. **Pacewicz, C. E.**, Mellano, K. T., & Smith, A. L. (2019). A meta-analytic review of the relationship between social constructs and athlete burnout. *Psychology of Sport and Exercise*, *43*, 155-164. https://doi.org/10.1016/j.psychsport.2019.02.002
- 1. **Pacewicz, C. E.**, Gotwals, J., & Blanton, J. E. (2018). Perfectionism, coping, and burnout among collegiate athletes: A person-oriented approach to investigating group differences. *Psychology of Sport and Exercise*, *35*, 207-217. https://doi.org/10.1016/j.psychsport.2017.12.008

Book Chapters

- 2. Blanton, J. E., & **Pacewicz, C. E.** (2020). Psychological preparation for track and cross-country. In M. Burns (Ed.), *The art and science of distance running*. Coaches Choice. Contribution 50%
- 1. Smith, A. L., & **Pacewicz, C. E.**, Raedeke, T. (2019). Athlete burnout in competitive sport. In T. Horn & A. Smith (Eds.), *Advances in sport and exercise psychology* (4th ed., pp. 409-424). Human Kinetics. Contribution 50%

Research in Progress

- 2. Hill, C. R., **Pacewicz, C. E.,** Chun, H., & Myers, N. D. (in preparation). Exploratory factor analysis in physical education and exercise science: A review with recommendations.
- 1. Pacewicz, C. E., & Smith, A. L. (in preparation). Teammate social network exposure and athlete burnout.

International & National Refereed Presentations

*Student

- 17. *McDowell, D.J., Pfeiffer, K. A., **Pacewicz, C. E.,** Martin, E. M., & True, L. S. (2023). Influence of adiposity and maturation status on motor performance in boys and girls 2-18 years old. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Toronto, Ontario, CA [abstract in *Journal of Sport & Exercise Psychology*, 45, S21].
- 16. **Pacewicz, C. E.,** Hill, C. R., Karlinsky, A., & Samendinger, S. (2023). Testing measurement invariance of the 7-item Social Physique Anxiety Scale. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Toronto, Ontario, CA [abstract in *Journal of Sport & Exercise Psychology*, 45, S102].
- 15. Mellano, K. T., **Pacewicz, C. E.**, *Ames, J. M., *Rizos, V. A., (2022). Interaction of coach and teammate social support on youth athlete engagement. *16th European Congress of Sport and Exercise Psychology*, Padova, Italy.
- 14. **Pacewicz, C. E.,** Hill, C., Lee, S., & Myers, N., Prilleltensky, I., McMahon, A., Pfeiffer, K. A, & Brincks, A. M. (2021). Testing measurement invariance in physical education and exercise science: An example using the well-being self-efficacy scale. *North American Society for Psychology of Sport and Physical Activity*, Annual Conference, Online [abstract in *Journal of Sport & Exercise Psychology*, 43, S82].
- 13. **Pacewicz, C. E.,** Rowley, T., & Savage, J. (2021). The moderating role of planned physical activity on the stress-burnout relationship. *Canadian Society for Psychomotor Learning and Sport Psychology*, Annual Conference, Online [abstract in *Journal of Exercise, Movement, and Sport, 52*].
- 12. **Pacewicz, C. E.**, & Myers, N. D. (2020). Latent growth curve modeling in exercise science. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Online [abstract in *Journal of Sport & Exercise Psychology*, 42, S19].
- 11. **Pacewicz, C. E.**, & Smith, A. L. (2020). Communication profiles and motivational experiences in athletes. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Online [abstract in *Journal of Sport & Exercise Psychology*, 42, S99].
- 10. Delli Paoli, A. G., Smith, A. L., Mellano, K. T., & **Pacewicz, C. E.** (2019). Athletic competence, but not social competence, moderates children's perceptions of social exclusion. *15th European Congress of Sport & Exercise Psychology*, Münster, Germany.
- 9. **Pacewicz, C. E.**, & Smith, A. L. (2019). Connection with teammates and perceptions of engagement in adolescent athletes. 15th European Congress of Sport & Exercise Psychology, Münster, Germany. Poster Presentation
- 8. **Pacewicz, C. E.**, & Smith, A. L. (2019). Frequency of speaking with teammates and feelings of relatedness and loneliness in adolescent athletes. *15th European Congress of Sport & Exercise Psychology*, Münster, Germany.
- 7. **Pacewicz, C. E.**, & Smith, A. L. (2019). Connection with teammates and perceptions of burnout in adolescent athletes. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Baltimore, MD, USA [abstract in *Journal of Sport & Exercise Psychology*, 41, S1].
- 6. **Pacewicz, C. E.**, Pfeiffer, K. A., Nuttall, A. K., Branta, C. F., Haubenstricker, J. L., & Seefeldt, V. (2018). Influence of adiposity and maturation on fitness in girls. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Denver, CO, USA [abstract in *Journal of Sport & Exercise Psychology*, 40, S9].
- 5. **Pacewicz, C. E.**, & Smith, A. L. (2018). The team communication network and athlete burnout in adolescent softball players. *Canadian Society for Psychomotor Learning and Sport Psychology*, Annual Conference, Toronto, Ontario, Canada [abstract in *Journal of Exercise, Movement, and Sport, 50*, 171].
- 4. **Pacewicz, C. E.**, Vaughan, N., Smith, A. L., & Raedeke, T. D. (2018). Group cohesion as predictors of self-determined motivation and burnout in adolescent female athletes. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Denver, CO, USA [abstract in *Journal of Sport & Exercise Psychology*, 40, S111].
- 3. **Pacewicz, C. E.**, Mellano, K. T., & Smith, A. L. (2017). A meta-analytic review of the relationship between social constructs and athlete burnout. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, San Diego, CA, USA [abstract in *Journal of Sport & Exercise Psychology*, *39*, S298].

- 2. **Pacewicz, C. E.**, & Smith, A. L. (2017). Teammate social behaviors, burnout, and engagement in adolescent athletes. *Canadian Society for Psychomotor Learning and Sport Psychology*, Annual Conference, St. John's, Newfoundland, Canada [abstract in *Journal of Exercise, Movement, and Sport*, 49, 113].
- 1. **Pacewicz, C. E.**, Gotwals, J. K., & Blanton, J. E. (2016). Perfectionism, coping, and burnout among varsity athletes: A person-centered approach to investigating group differences and mediation. *North American Society for the Psychology of Sport and Physical Activity*, Annual Conference, Montreal, Quebec, Canada [abstract in *Journal of Sport & Exercise Psychology*, *38*, S35].

Regional Refereed Presentations

- 3. Rowley, T., & **Pacewicz, C. E.** (2022). Understanding and Addressing Burnout in Older Adult Caregivers. *Art & Science of Aging Conference*, Grand Valley, MI.
- 2. Gammon, C., **Pacewicz, C. E.**, Nuttall, A., & Pfeiffer, K. (2019). Examining parenting mediators in the relationship between parent depression and child activity & BMI. *Mid-West American College of Sports Medicine Regional Conference*, Grand Rapids, MI, USA.
- 1. **Pacewicz, C.**, Blanton, J., Gotwals, J., & Kamphoff, C. (2015). The role of coping tendencies on the relationship between perfectionism and burnout. *AASP Midwest Regional Conference*, Mankato, MN, USA.

Student-Led Presentations

*Graduate student; **Undergraduate student

- 8. *Chapman, L., & **Pacewicz, C. E.** (2023). Strava use, social comparison, and non-elite runner well-being. *Midwest Regional Conference*, Muncie, IN, USA.
- 7. **Hitchens, N., Rowley, T. W., & **Pacewicz, C. E.** (2022). Role of physical activity on well-being of formal adult caregivers. *Health and Human Services Student Showcase*, University Center, MI.
- 6. **Reymore, E., & **Pacewicz, C. E.** (2022). Evaluating basic psychological needs, motivation, and adherence in female virtual health coaching clients. *SVSU Undergraduate Research Showcase*, University Center, MI, USA.
- 5. *Ayotte, K., *Hill, D., *Jenks, K., *Wood, E., Herlache-Pretzer, E., **Pacewicz, C. E.**, & Webster, S. (2021). Online educational modules to enhance collegiate athletes' perceived preparedness for retirement from sport: A protocol. *Health and Human Services Student Showcase*, University Center, MI. Occupational Therapy Master's capstone project.
- 4. **Lowry, M., **Reymore, E., **Pacewicz, C. E.**, & Rowley, T. (2021). Implications of COVID-19 on athletic trainers' work environment and psychological well-being. *SVSU Undergraduate Research Showcase*, University Center, MI, USA.
- 3. **Peterson, M., **Walker, S., **Pacewicz, C. E.**, & Rowley, T. W. (2021). Time Perceptions of High Intensity Interval Training. *SVSU Undergraduate Research Presentations*, University Center, MI- Oral Presentation.
- 2. **Scholl, M., **Legner, B., **Pacewicz, C. E.**, & Rowley, T. (2021). The role of exercise on athletic trainers' perceived stress and burnout. *SVSU Undergraduate Research Presentations*, University Center, MI.
- 1. *Carolan, T. E., *Davis, A. L., *Mulcahy, B. M., & **Pacewicz, C. E.** (2020). Impacts of performance patterns on preparedness for athletic retirement among collegiate athletes: A pilot study. *Health and Human Services Student Showcase*, University Center, MI, USA. Occupational Therapy Master's capstone project.

Invited Lectures and Presentations

- 7. **Pacewicz, C. E.** (2023). Sport and Exercise Psychology: What is It and What can I Do?, Roanoke College, Salem, VA, USA.
- 6. **Pacewicz, C. E.** (2021). Undergraduate Research Participation, Panel Member, Saginaw Valley State University, University Center, MI, USA.
- 5. **Pacewicz, C. E.** (2020) Burnout in a Performance Context, Virtual Presentation to 8th Graders.
- 4. **Pacewicz, C. E.** (2020). Navigating the Review Process, Panel Member, Virtual, Michigan State University, East Lansing, MI, USA.

- 3. **Pacewicz, C. E.** (2020) Insights from Early Career Faculty, Panel Member, Virtual, Michigan State University, East Lansing, MI, USA.
- 2. **Pacewicz, C. E.** (2019) Psychology of Coaching, KINE 360: Athletic Coach Program, Saginaw Valley State University, University Center, MI, USA.
- 1. Gould, D., **Pacewicz, C. E.** (2016). Keeping sport meaningful: Avoiding coach & athlete burnout. *Summer Coaches School*, Michigan State University, East Lansing, MI, USA.

FUNDING

INTERNAL FUNDING

- 6. **Pacewicz, C. E.** (October, 2022). Principal Investigator for: *Examining the Mental Health Consequences of Burnout in Sport*. Cornerstone Grant Program Research, Scholarship, and Artistry Grant, Miami University: \$10,145.06 (not funded).
- 5. **Pacewicz, C. E.** (October, 2022). Principal Investigator for: *The Influence of Peer Communication on Girls' Body-Related Perceptions and Well-Being*. EHS Summer Research Grant, Miami University: \$6,000 (funded).
- 4. Rowley, T. W., & **Pacewicz, C. E.** (October, 2021). Co-investigator for: *SVSU-Grace Church Community Health Behavior Change Clinic*. SVSU Foundation Community Engagement Grants: \$5,000 (funded).
- 3. **Pacewicz, C. E.** (June, 2021). Principal Investigator for: *Peer Communication: The Key to Improving Physical and Psychological Well-Being Through Sport?*. Allen Foundation Faculty Research Grant: \$12,070 (funded).
- 2. **Pacewicz, C. E.** (January, 2021). Principal Investigator for: *Reducing Burnout in Athletic Trainers*. SVSU Faculty-Led Research Grant: \$3,677 (funded).
- 1. **Pacewicz, C. E.** (January, 2020). Principal Investigator for: *The Social Context and Youth Experiences*. SVSU Faculty Research Grant: 3 credits release time (funded).

EXTERNAL FUNDING

1. **Pacewicz, C. E.**, & Rowley, T. W. (February, 2022). Co-investigator for: *SVSU-Grace Church and Tri-City Community Cardiac Health and Behavior Change Clinic*. MICHR Statewide Building Capacity for Research and Action Award: \$5,000 (funded).

STUDENT FUNDING

1. *Chapman, L., Vealey, R., **Pacewicz, C. E.** (Submitted May, 2023). Co-Advisor for: *Influence of Athletic Identity on the Well-being, Perceived Stress, Perceived Stigma, and Attitudes of College Athletes and Students*. NCAA Graduate Student Research Grant: \$7500.

FELLOWSHIPS

2018	College of Education Dissertation Development Fellowship (\$2,133 – partially funded)
2017-2018	College of Education Summer Renewable Research Fellowship (\$12,000 – awarded)
2016	College of Education Summer Research Development Fellowship (\$2,500 – partially funded)
2015	College of Education Summer Research Fellowship (\$5,000 – awarded)
2011-2013	Undergraduate Research Grant-in-Aid (\$500 – awarded)

TRAVEL

2018	Council of Graduate Students Conference Award (\$300 – awarded)
2015-2019	Department of Kinesiology Travel Fund (\$1600 – cumulative funding awarded)

TEACHING EXPERIENCE

INSTRUCTION

Miami University

2023-present Stress Management (SLM 195; Online)

2023-present Psychological Foundation in Sport and Exercise (SLM 375; Online and Face-to-Face)

Description: This course examines psychological theories and research related to sport and exercise behavior. It is designed to introduce students to the field of sport and exercise psychology by providing a broad overview of the major topics in the area. Students learn to apply theory to guide practice.

2022-present Research Foundations SLAM (SLM 621; Face-to-Face) – Graduate Student Course

Description: This course has been designed to provide the graduate student with an overview of the ways in which scholarly knowledge in the exercise, health, and sport studies areas is generated, interpreted, communicated, evaluated/reviewed, legitimized, and used.

2022-present Psychological Foundations in Sport (SLM 632; Face-to-Face) – Graduate Student Course

Description: This course has been designed to provide graduate students with an overview of psychological and social factors that influence cognitions, behavior, and performance in sport

Saginaw Valley State University

2019-2022 Theories and Practice in Physical Activity and Sport (KINE 362; Online and Face-to-Face)

Description: This course examines psychological theories and research related to sport and exercise behavior. It is designed to introduce students to the field of sport and exercise psychology by providing a broad overview of the major topics in the area. Students learn to apply theory to guide practice.

2019-2022 Exercise Science Seminar I (KINE 365)

Description: In this course, students practice professional behaviors and learn strategies to enhance career development within Exercise Science. To help prepare students for their future careers, students (a) examine various research methodologies, (b) develop skills necessary to locate, interpret, and utilize peer-reviewed, scholarly resources as Exercise Science professionals, and (c) read and critique research presented in the news.

2019-2022 Personal Health (KINE 122; Online and Face-to-Face)

Description: This course provides instruction on health and wellness including: cardiorespiratory fitness, muscular fitness, mental health, exercise, nutritional choices, and behavior change. Students learn how to assess their own health and wellness as well as how to create effective goals.

Michigan State University

2018-2019 Sport and Exercise Psychology (KIN 345)

Description: This course examines psychological theories and research related to sport and exercise behavior. In addition, the course is a tier two writing class, thus students complete a variety of writing assignments, including a literature review on a topic within sport and exercise psychology.

2017-2019 Introduction to Research Methods (KIN 371)

Description: This course focuses on the fundamentals of the research process. Students learn specific details regarding all aspects of the research process, including different types of research, statistical

concepts and measurement considerations, designing a project, and research ethics. The final project consists of a research proposal.

2015-2017 Measurement in Kinesiology (KIN 250; Online and Face-to-Face)

Description: This course focuses on the methods and materials for measurement and evaluation in the various fields within Kinesiology. Students learn basic statistics, criteria for test selection, and how to measure physical fitness, motor skills, affect, and cognition. Summer 2016 course taught online.

Minnesota State University - Mankato

2014-2015 Psychosocial Aspects of Sport (HP 290)

Description: This course examines sport from psychological and sociological perspectives. In particular, this course is designed to introduce students to the field of sport psychology and sport sociology by providing a broad overview of major topics, concepts, and theories. Students review research, practical applications, and critical evaluations within these fields of study.

CURRICULUM DEVELOPMENT

2016 Tanzania Partnership Program, College of Education, Michigan State University

Responsibilities: Collaborated with graduate students in the College of Education to design lesson plans incorporating physical activity and movement to teach English to Tanzanian students; reviewed all lesson plans contained in the teaching booklet (modules for English, Math, and Physical Education); composed a document discussing motor development and the importance of structured and unstructured activity for youth.

TEACHING GRANTS

Pacewicz, C. E., & Vealey, R. S. (September, 2022). Project Lead for: *Learning to Reduce Stress and Improve Health via Biofeedback*. Miami University Student Tech Fee: \$5120.99 (funded).

MENTORING EXPERIENCE

Doctoral Student Development – Committee Member

2022-present Haeyong Chung (Michigan State University, KIN) 2022-present Su Jin (Miami University, Educational Psychology)

Doctoral Dissertation – Committee Member

2023-present Rachel Williams (University of Tennessee, KIN)2022-present Deborah Johnson (Michigan State University, KIN)

Master's Student Development - Major Advisor

2022-present Braelyn Bean (Miami University, SLAM)

Ted Brennan (Miami University, SLAM) Lauren Chapman (Miami University, SLAM) Keaden Morisaki (Miami University, SLAM) Erica Reymore (Miami University, SLAM) Kaitlyn Simpkins (Miami University, SLAM) Macy Weeks (Miami University, SLAM)

Master's Student Development - Committee Member

2022-2023 Angela Bucci (Miami University, SLAM), exit project

Erin Frolich (Miami University, SLAM), research project

Mujahid Shalash (Miami University, SLAM), research project

2020-2021 Kristina Ayotte (SVSU, Occupational Therapy), research project – intervention

Dustin Hill (SVSU, Occupational Therapy), research project – intervention

Elizabeth Wood (SVSU, Occupational Therapy), research project – intervention

2019-2020 Tess Carolan (SVSU, Occupational Therapy), research project – intervention

Alexandra Davis (SVSU, Occupational Therapy), research project – intervention Kelsey Jenks (SVSU, Occupational Therapy), research project – intervention Briana Mulcahy (SVSU, Occupational Therapy), research project – intervention

Graduate Independent Studies & Internships – Supervisor

Summer 2023 Erica Reymore | Independent Study – Development of Thesis Idea

Winter 2023 Su (Kim) Jin | Independent Study - Cognition, Behavior, and Emotion: A Learning Behavior Intervention

Undergraduate Independent Studies & Internships - Supervisor

Spring 2022 Erica Reymore | Supervision of Teaching and Research Assistantship – 200 hours, SVSU

Fall 2021 Laura Roberts | Cardiac Rehabilitation, SVSU, SVSU

Spring 2021 Sabrina Bellante | Supervision of Teaching Assistantship – 110 hours

Summer 2021 Tommy Scott | Motivation and Coaching, SVSU Fall 2020 Maxwell Scholl | Research Experience, SVSU

Sabrina Bellante | Applied Work in Sport and Exercise Psychology, SVSU

Supervision of Undergraduate Research Assistants

2022-present Supervision of two undergraduate research assistants working in the Youth Sports and Physical Activity

Lab (Miami University). Tasks include recruitment of participants, collecting data in the field, and

entering data.

2020-2022 Supervised five undergraduate research assistants working in the Youth Sports and Physical Activity Lab

(SVSU). Tasks included reviewing references of manuscripts in preparation, collecting data in the field, and entering data. Students presented research findings at university and regional conferences. Additionally, students developed informational flyers to disseminate research to the surrounding

community.

2014-2019 Supervised 17 undergraduate research assistants as they worked on various research projects with

graduate students in the Social and Motivational Processes in Physical Activity Lab (MSU). Tasks included collecting data in the field, conducting cognitive tests (i.e., N-back), assisting with VO₂max tests, and

entering data.

Supervision of Undergraduate Honor's Projects

2014-2019 Mentored 13 honors students (KIN 371: n = 4; KIN 250: n = 9) as they completed course honor's projects.

Projects consisted of (a) attending seminars, completing an in-depth article review and critique in KIN 371, and presenting their research proposal and (b) writing a 10-page paper on the measurement of a

topic in Kinesiology focused on the reliability and validity of instruments/tools in KIN 250.

SERVICE

PROFESSIONAL

Editor for Refereed Journals

2020-present Section Editor (Psychology), Measurement in Physical Education and Exercise Science

Guest Reviewer for Refereed Journals

Annals of Behavioral Medicine
European Journal of Sport Sciences

International Journal of Sport and Exercise Psychology

International Journal of Sport Psychology

Journal for Advancing Sport Psychology in Research

Journal of Applied Sport Psychology

Journal of Clinical Sport Psychology Journal of Medical Internet Research

Measurement in Physical Education and Exercise Science

Psychology of Sport & Exercise

Sport, Exercise, and Performance Psychology

Expert Reviewer

2020 Athletic Identity, Lifespan Factors, and Adolescent Runners

Association for Applied Sport Psychology (AASP)

2014-2016 Student Delegate

Chair of the Student Volunteers Initiative
Member of the Mentorship Match Initiative

North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

2023-2024	Committee Member , Sport and Exercise program Committee for the 2024 Annual Conference
2023	Moderator, Sport and Exercise Psychology Session 3A, Body Image, annual conference, Toronto,

Ontario, CA

Faculty Member, Pool Side Chats, annual conference, Toronto, Ontario, CA

2020 **Panel Member**, Navigating the Post-Doc Experience, annual conference, virtual

Moderator, Meeting Past Student Representatives, annual conference, virtual

Moderator, Virtual Presentations – Sport and Exercise Psychology

2019-2020 Faculty Member, Student Scholarship Committee

2018-2019 Student Representative

2018 **Moderator**, Poster Presentation session, annual conference, Denver, CO

The Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)

2021 **Moderator**, Virtual Presentations – Sport Psychology

Moderator, Advice from Early Career Faculty, annual conference, virtual

2020-2021 Committee Member, Annual Conference Planning Committee

2020-2021 **Co-Chair**, Sport Psychology Sub-committee

UNIVERSITY

2022 Moderator , Undergraduat	e Research Symposium, Saginaw	Valley State University
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2021-2022 Committee Member, Undergraduate Research Program Committee, Saginaw Valley State University

2021 Kinesiology Representative, Faculty Evaluator, Saginaw Valley State University

	Committee Member, Landee Award Selection Committee, Saginaw Valley State University
	Thesis Evaluator, Saginaw Valley State University
2020-2021	Faculty in the Writing Center, Saginaw Valley State University
2020	Department Representative, University Open House, Saginaw Valley State University
2017-2018	Member of the University Graduate-Professional Judiciary Committee, Michigan State University
2017	Graduate Student Evaluator , University Undergraduate Research and Arts Forum, Michigan State University
2016	Graduate Student Evaluator , Mid-Michigan Symposium for Undergraduate Research Experiences, Michigan State University
	Volunteer, March Magic Hoopfest, Michigan State University
	Graduate Student Evaluator , University Undergraduate Research and Arts Forum, Michigan State University
2015	Moderator, Undergraduate Research Symposium, Minnesota State University
	Director, AASP Midwest North Central Regional Conference, Minnesota State University
2014	Co-Director, AASP North Central Regional Conference, Minnesota State University
2012-2013	Women's Cross-Country Representative, Student-Athlete Advisory Committee, Elon University
COLLEGE & DEF	PARTMENT

2023-present	Faculty Representative, SLAM Graduate Student Selection Committee, Miami University
2022-2024	SLAM Representative , Committee for the Advancement of Faculty Research, EHS, Miami University
Fall 2022	Faculty Representative, SLAM Personnel Committee, Miami University
Fall 2022	Faculty Representative, SLAM Graduate Student Selection Committee, Miami University
2021	Faculty Representative, Fresh Start, Saginaw Valley State University
2020-2021	Member of Health and Human Services Showcase Planning Committee, Saginaw Valley State University
2020	Faculty Representative, Fresh Start, Saginaw Valley State University
2019-2020	Faculty Representative, KINE Curriculum Committee, Saginaw Valley State University
2019-2020	Faculty Representative, KINE Scheduling Committee, Saginaw Valley State University
2018-2019	Student Representative, Undergraduate Studies and Curriculum Committee, Michigan State University
2018-2019	Student Representative, Ph.D. Hearing Board, Michigan State University
2016-2018	President Elect and President, Kinesiology Graduate Student Organization, Michigan State University
2016	Lab representative of the Kinesiology Department for the student and parent event: Kidabaloo, Michigan State University
2015-2017	Lab representative , KINnections event for the Kinesiology Department, Michigan State University

COMMUNITY

2022	Co-Director, Health and Wellness Clinic, Bay City, MI
2016-2017	Proofreader for accepted manuscripts in the <i>Michigan Reading Journal</i>
	Volunteer, Walk and Roll Safety Day, East Lansing, Michigan
2013-2015	Member of the Mankato Psyches on Bikes team, Mankato, Minnesota
2013-2014	Tutor, Loyola High School, Mankato, Minnesota
2013-2014	Co-Director, Mankato Psyches on Bikes team, Mankato, MN

PROFESSIONAL DEVELOPMENT

WORKSHOPS

Teaching Synthesis, Miami University
Innovative Teaching & Learning Conference, University of Tennessee

Foundations of Physical Activity and Public Health Course

Faculty Summer Institute, Saginaw Valley State University

Faculty Summer Institute, Saginaw Valley State University
 Write Winning Grant Proposals, Michigan State University

2016-2018 Responsible Conduct of Research and Scholarship Seminars, Michigan State University

2016 Leadership Academy, Graduate School, Michigan State University

Certificate in College Teaching Institute, Graduate School, Michigan State University

2015-2019 Writing Club, Michigan State University

PROFESSIONAL AFFILIATIONS

2023-present American Psychological Association (APA)

2017-present Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)

2014-present North American Society for the Psychology of Sport and Physical Activity (NASPSPA)

2013-2016 Association for Applied Sport Psychology (AASP)

APPLIED WORK

2021-2022 Co-Director: Health and Wellness Clinic, Bay City, MI

- Supervised clinic operations including: blood pressure assessment, glucose testing, body composition and waist circumference measurement, and discussion of individuals' health goals with respect to health assessment
- Organized and oversaw educational health seminars focused on: cardiac health, exercise and physical activity for improvement of health and wellness, and increasing motivation to be active

2013-2015 Sport Psychology Consultant, Mankato, MN, 2013-2015

- Provided mental skills training to high school sport teams; co-led training sessions that focused on goal setting, self-talk, imagery, and optimal arousal for performance
- Provided mental skills training and team building activities to collegiate football and cross-country teams
- Worked one-on-one with collegiate cross-country and track and field athletes to improve mental skills and enhance performance
- Assistant for mental training workshops for marathon runners
- Assistant for health and wellness workshops
- Completed 120 hours of direct and indirect consulting work

ACADEMIC AWARDS AND HONORS

2019 COGS Disciplinary Leadership Award, Michigan State University

2015-2019 Dean's Scholar Award, Michigan State University

2014 Featured Student Delegate in the Winter AASP Newsletter

2013-present Inducted to Phi Beta Kappa Society, Elon University

2013	Runner up: Exercise Science Major of the Year, Elon University
	Captain of the Women's Cross-Country team, Elon University
2013	Academic Student Athlete All Star, Elon University
	Most Dedicated Women's Cross-Country Athlete, Elon University
2009-2013	Four-year letter winner – Cross Country and Track, Elon University
	Four-time Southern Conference All-Academic Team, Elon University
	Presidential Scholarship, Elon University