

Emily M. Wright

IMG Academy+
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EDUCATION

Doctor of Philosophy – May 2021

Michigan State University – Department of Kinesiology

Concentration: Sport Psychology

Research Focus: Youth Development and Family Relationships in Sport

Master of Science – 2017

Miami University – Department of Kinesiology and Health

Concentration: Sport Leadership

Bachelor of Arts – 2014

The Pennsylvania State University

Major: Psychology

Minor: Kinesiology

PROFESSIONAL EXPERIENCE

2021-present **IMG Academy+ Mental Performance Coach (Remote)**

IMG Academy

Bradenton, Florida

2022-present **Adjunct Faculty**, College of Letters and Sciences: Department of Psychology

National University

San Diego, California

2021-2022 **Visiting Assistant Professor**

Department of Exercise Science and Sport Studies

College of Saint Benedict and Saint John's University

Saint Joseph, Minnesota

2017-2021 **Graduate Assistant**, Institute for the Study of Youth Sports (ISYS)

Daniel Gould, Ph.D. (Director)

Department of Kinesiology, Michigan State University

East Lansing, Michigan

2015-2017 **Graduate Assistant**, Rinella Learning Center

Academic Support and Retention, Miami University

Oxford, Ohio

ACADEMIC AWARDS AND DISTINCTIONS

2020 All University Excellence-in-Teaching Citation Award Recipient – Michigan State University
 2018 Association for Applied Sport Psychology (AASP) Masters’ Thesis Award
 2013-2014 Semester’s Dean’s Honors List | The Pennsylvania State University

FUNDING

Fellowships Total Amount Funded: \$21,850
 2021 College of Education Dissertation Completion Fellowship (\$7,000 – awarded)
 2020 College of Education Dissertation Development Fellowship (\$950 – awarded)
 2020 College of Education Summer Research Fellowship (\$6,000 – awarded)
 2019 College of Education Dissertation Development Fellowship (\$2,400 – awarded)
 2018 College of Education Summer Research Development Fellowship (\$5,000 – awarded)

2018 Association for Applied Sport Psychology (AASP) Masters’ Thesis Award (\$500 – awarded)

Travel Total Amount Funded:
 2017-2021 Department of Kinesiology Travel Fund (\$1600 – cumulative funding awarded)

TEACHING EXPERIENCE

Lecture Courses

College of Saint Benedict and Saint John’s University

2021-2022 **Instructor – Introduction to Exercise and Health Science (EXHS111)**
 Students are introduced to the exercise science discipline. Students will examine a wide range of exercise science topics, including professionalism, ethics, certification and licensure, employment opportunities, evidence-based practice, and foundational concepts of the various subdisciplines.

Semester	Students	Instructor Contribution	Course Content	Course as a whole	Instructor Effectiveness
FS21	27	4.3	4.0	4.2	3.9
SS22	28	4.6	4.4	4.4	4.5

0 (poor) – 5 (excellent)

Instructor – Sport in a Diverse Society (EXHS 323)
 Students will examine how sport serves as a lens that reflects and defines cultural and gender-related beliefs and values. Historical, political and economic views will be studied along with GLBTQI issues, Title IX, and feminist perspectives as they intersect with all levels of sport. Students will learn about their own personal culture, sub-cultures and in-depth information about the Somali culture. Intercultural communication, questions related to justice, and personal bias regarding others will also be explored.

Semester	Students	Instructor Contribution	Course Content	Course as a whole	Instructor Effectiveness
FS21	20	4.8	4.2	4.1	4.3
SS22	21	4.9	4.8	4.9	4.9

0 (poor) – 5 (excellent)

Instructor – Sport Ethics (EXHS 390)

Students will be introduced to a variety of theories of moral reasoning, ethical and unethical behavior in sport, and the development of moral education through sport. Students will engage in learning about how they should act in order to support the moral foundation necessary for sport to function effectively, while examining actions that would be considered just or unjust. Students will wrestle with questions such as "how should I act?" or "what type of an athlete, coach, official, manager, fan or parent should I be?" through readings and discussions. Decision-making models based on moral reasoning theory and other principles of strategic reasoning will be employed as students navigate case studies and issues related to sport. This course has a required 20-hour service-learning component.

Semester	Students	Instructor Contribution	Course Content	Course as a whole	Instructor Effectiveness
FS21	19	4.9	4.3	4.3	4.6

0 (poor) – 5 (excellent)

Spring 2022 Instructor – Sport and Exercise Psychology (EXHS 324)

Students will examine psychological theories and concepts as they apply to exercise and sport participation and performance and how those same principles may be applied to other performance domains. Students will use critical thinking and evidence-based decision-making skills to examine issues and solve problems related to sport and exercise psychology. Students will also learn about techniques that athletes and exercisers can incorporate into daily sport and exercise practices and how those in charge of sport and performance settings can influence the mental aptitude of athletes and exercisers. Discussion surrounding professional and ethical issues and application of ethical decision-making skills to the practice of sport psychology will also be emphasized.

Semester	Students	Instructor Contribution	Course Content	Course as a whole	Instructor Effectiveness
SS22	17	5.0	4.9	4.9	4.8

0 (poor) – 5 (excellent)

Michigan State University

2017-2021

Instructor – The Healthy Lifestyle (KIN 121)

This course is designed to give students a better understanding of cardiovascular risk factors, lifestyle habits, and aerobic capacities and their relationship to optimal health and longevity. In addition, this course will enable students to participate in a variety of physical activities and evaluate their own fitness level.

Semester	Students	Instructor Involvement	Student Interest	Student-Instructor Interaction	Course Organization
FS18	49	1.40	1.92	1.37	1.37

1 (superior) - 5 (inferior)

Instructor – Sport and Exercise Psychology (KIN 345)

This course focuses on the psychological effects on sport, motor performance, and exercise behavior. This course introduces students to the influence of sport and exercise on psychological development. KIN345 is a writing intensive course that asks students to develop a research question based on a topic of choice in this area and write a literature review as part of their final assessment.

Semester	Students	Instructor Involvement	Student Interest	Student-Instructor Interaction	Course Organization
SS19	42	1.51	2.07	1.48	1.72

1 (superior) – 5 (inferior)

Semester	Students	Instructor Involvement	Student Interest	Student-Instructor Interaction	Course Organization
FS19	37	1.82	1.98	1.77	1.81

1 (superior) – 5 (inferior)

Instructor – Physical Growth and Motor Behavior (KIN 360)

This course focuses on physical growth and biological maturity as related to motor performance and development. The course introduces students to sequential progressions of fundamental motor skills, physical fitness of children and youth, motor abilities, and stages of skill acquisition.

Semester	Students	Instructor Involvement	Student Interest	Student-Instructor Interaction	Course Organization
SS19	50	1.42	1.9	1.42	1.43

1 (superior) – 5 (inferior)

Instructor – Introduction to Research Methods – Online, Asynchronous (KIN 371)

This course focuses on the fundamentals of the research process. Students will first learn specific details regarding aspects of the research process - including different types of research, designing a project, and research ethics. Following this, students will learn statistical concepts and measurement considerations that are used to analyze obtained results. Finally, this course will demonstrate how to discuss and present results in multiple formats.

Semester	Students	Instructor Involvement	Student Interest	Student-Instructor Interaction	Course Organization
FS20	23	1.23	1.96	1.4	1.25

1 (superior) – 5 (inferior)

Activity Courses

Michigan State University

2017-2018

Instructor – Distance Running (KIN103T)

This course is designed to provide students with the basic understanding of distance running as a form of developing cardiovascular endurance and muscular strength and endurance for recreation and competition.

Instructor – Aerobic Exercise (KIN 103A)

This course is designed to introduce theoretical and practical principles of stretching, toning, and step aerobic activity that progressively improve cardiovascular strength and endurance, flexibility, coordination and body image.

Instructor – General Conditioning (KIN103D)

This course is designed to apply physical fitness, exercise, and health principles and practices to personal exercise and health programs through activities such as target heart rate monitoring, body measurements, posture analysis, and energy intake and expenditure assessments.

Instructor – Power Walking (KIN103G)

This course is designed to provide students with a basic understanding and knowledge of physical fitness and healthy lifestyle principles. This course also focuses on how to enhance muscular strength and endurance, flexibility, cardiovascular endurance, and total body strength.

Instructor – Basketball I (KIN108A)

This course is designed to introduce students to the game of basketball by teaching basic skills, rules, and basic defensive and offensive strategies. Students engage in skill drills, half course scrimmages and full court games to improve basic skills, game play, and endurance.

Instructor – Bowling I (KIN106C)

This course is designed to introduce students to the fundamental skills of bowling including form and technique. Terminology, rules, strategies and scoring procedures are also taught.

Guest & Invited Lectures

- 2020 **Wright, E.** (Summer, 2020). Foundations of Kinesiology (KIN173): The study of families in sport and exercise settings. *Department of Kinesiology*. Lecture conducted from Michigan State University, East Lansing, MI.
- 2020 **Wright, E.** (Spring, 2020). Parents in youth sport and physical activity. Springfield College. *Department of Exercise and Sport Studies*. Lecture conducted from Michigan State University, East Lansing, MI.
- 2020 **Wright, E.** (Spring, 2020). ACTIVE Spartans Internship Program: Psychosocial Aspects of Physical Activity. *Department of Kinesiology*. Lecture conducted from Michigan State University, East Lansing, MI.
- 2019 **Wright, E.** (Fall, 2019). Principles of Coaching (KIN400): Introduction to sport and exercise psychology. *Department of Kinesiology*. Lecture conducted from Michigan State University, East Lansing, MI.
- 2019 **Wright, E.** (Fall, 2019). ACTIVE Spartans Internship Program: Psychosocial Aspects of Physical Activity. *Department of Kinesiology*. Lecture conducted from Michigan State University, East Lansing, MI.

Miami University

2015-2017 **Teaching Assistant** – Psychological Perspectives in Sport and Exercise (KNH 375)

This course focuses on the antecedents and consequences of individual and group behavior in sport and exercise settings, the effects of psychosocial factors on performance and participation in physical activity, and the effects of physical activity participation on personal growth and development.

Graduate Assistant – Rinella Learning Center, Golden Fanning, Ph.D.

Responsible for providing academic support to undergraduate students through specifically designed services and programs that allow each student to achieve their academic goals and give them the skills they need to be independent and successful learners. Responsibilities also included conducting a workshop series on effective study strategies for undergraduate students and creating tutor satisfaction surveys for undergraduate student staff to complete via Qualtrics survey software.

Academic Coach – Rinella Learning Center, Golden Fanning, Ph.D.

Responsible for meeting weekly with undergraduate students to enhance their ability to redirect behavior to improve academic performance and encourage new behavior to support development. Responsibilities also included monitor of student progress toward appropriate academic goals and make conscious and informed decisions about their education and assisting students in developing effective organizational skills, learning strategies, and personal management techniques.

ADVISING

Dissertation Committee Member (The University of Western States)

Summer 2022-present Travis Rose – Supervision of Dissertation project exploring parental burnout in competitive youth sport as committee member

Supervision of Undergraduate Students (The College of Saint Benedict and Saint John's University)

Fall 2021 Thomas Ende – Supervision of Internship with SJU Men's Basketball Team

Supervision of Undergraduate Research Assistants (Michigan State University)

Fall 2019 Annika Linzmeier
Fall 2018-Spring 2020 Allie Lugin
Fall 2018-Spring 2019 Alyssa Schilthius

RESEARCH EXPERIENCE

Michigan State University

2021 **Dissertation: "All in the Family: An Exploration of Family Functioning in Travel Ice Hockey"**
Advisor: Daniel Gould, Ph.D.
Research Study: Multi-phase, mixed methods design, which incorporated an interdisciplinary approach guided by family systems theory, to understand family functioning in youth sport – specifically, to determine how the sport context impacted family functioning.

2017-2021 **Graduate Research Assistant**, Institute for the Study of Youth Sports (ISYS) - Department of Kinesiology
Daniel Gould, Ph.D. (Director)
Responsible for physical and digital data management, research study development and data collection for ongoing studies/grants, training/mentoring undergraduate research assistants.

Miami University

2015-2017 **Graduate Research Assistant**, Athletic Talent Development – Melissa Chase, Ph.D.
Responsible for online and in-person data collection, data input via SPSS, and data management for the development of the Perceptions of Sport Specialization Scale (PSSS).

2016-2017 **Graduate Research Assistant**, Flow and Enjoyment in Physical Activity – Robin Vealey, Ph.D.
Responsible for conducting a review of the literature, writing, and proof-reading as co-author of book chapter titled: “As positive as it gets: Flow and enjoyment in physical activity.”

2016-2017 **Graduate Research Assistant**, Goal Setting – Robert Weinberg, Ph.D.
Responsible for administering a basketball drills intervention to undergraduate student participants, management of the data, write up and proof reading of manuscript titled: “Writing down goals: Does this actually improve performance?”

Keystone Performance Excellence Consulting (KPEX)

2016 **KPEX Summer Research Intern** – Aimee Kimball, Ph.D.
Responsibilities included analyzing and evaluating data collected from high school athletes to understand their sport experiences, life skills gained from their sport participation, and overall perceptions of their specific sport season. Responsibilities also included managing and organizing data and developing a program review for high school athletic directors based on that data.

The Pennsylvania State University

2013-2014 **Undergraduate Research Assistant**, The Motivation Lab - David Conroy, Ph.D.
Responsible for collaborating on the development and administration of motivation and behavior change surveys, which explored the factors that motivate a person’s physical activity and sedentary behavior among patients at Hershey Medical Center. Other responsibilities included conducting and organizing a literature review on motivation and physical activity.

2014-2015 **Undergraduate Research Assistant** Department of Psychology – Michelle Newman, Ph.D.
Responsibilities included collecting and organizing data for BIOPAC study, which explored the effects of worry, rumination, relaxation, and neutral activity on physiological and subjective emotionality. Other responsibilities included conducting a literature review on testosterone and its effects on social anxiety/phobias.

PUBLICATIONS

Peer-Reviewed Manuscripts

1. Dorsch, T.E., **Wright, E.**, Eckardt, V., Thrower, S., Elliott, S., & Knight, C.J. (2021). A history of parent involvement in organized youth sport: A scoping review. *Sport, Exercise, and Performance Psychology*.
2. Coles, J., **Wright, E.**, & Mignano, M. (2020). The balancing of parental involvement in fostering collegiate athletes. *Journal of Sport Behavior*, 43(2), 1-22.
3. **Wright, E.**, Chase, M.A., Horn, T.S., & Vealey, R.S. (2019). United States parents' perfectionism, parenting styles, and perceptions of specialization in youth sport. *Psychology of Sport & Exercise*, 45, 1-10.
4. **Wright, E.**, Gould, D., & Erickson, K. (2019). Home away from home: An examination of the billet family experience in junior ice hockey. *Journal of Applied Sport Psychology*, 1-37.
5. Weinberg, R., Morrison, D., Loftin, M., Horn, T.S., Goodwin, E., **Wright, E.**, & Block, C. (2019). Writing down goals: Does this actually improve performance? *The Sport Psychologist*, 1-26.
6. Kochanek, J., Matthews, A., **Wright, E.**, DiSanti, J., & Erickson, K. (2018). Competitive readiness: Developmental considerations for competition in organized activities to promote positive youth development. *Journal of Youth Development*, 14(1), 48-69.

Manuscripts in Progress

1. **Wright, E.**, Gould, D., Smith, A., Erickson, E., & Qin, D. (in progress). All in the Family: An Exploration of Family Functioning in Travel Ice Hockey.
2. Gould, D., Pierce, S., & **Wright, E.** (in progress). Former male high school varsity athletes memories of their most memorable sport experiences and perceptions of life skills learned: A 50 year retrospective study.
3. **Wright, E.**, Mignano, M., & Coles, J. (in progress). Rally with the rapids: An experiential learning project with Special Olympics athletes.

Service Publications

1. **Wright, E.** (2020). Navigating sport parents during the COVID-19 pandemic. *Michigan High School Athletic Association (MHSAA) Game Plan*.
2. **Wright, E.** (2019). Controlling your thoughts can translate to how well you do on the ice. *USA Hockey Magazine*.

Book Chapters

1. Turnnidge, J., **Wright, E.**, & Matthews, A. (2021). Methodological approaches. In A. Kelly, J. Côté, M. Jeffreys, & J. Turnnidge (Eds.), *Birth advantages and the relative age effect in youth sport*. United Kingdom: Taylor & Francis.
2. Erickson, K., **Wright, E.**, Kochanek, J., Vierimma, M. (2020). Peer influence and youth development. In M.W. Bruner, M.A. Eys, & L.J. Martin (Eds.), *The power of groups in youth sport*. Elsevier: Academic Press.
3. Coles, J., & **Wright, E.** (2020). The history and transformation of youth sport. In B.G. Pitts & J.J. Zhang (Eds.), *Sport business in the United States: Contemporary perspectives*. London, UK: Routledge.

4. Gould, D., Cowburn, I., & **Wright, E.** (2020). Athletic talent development in relation to psychological factors. In D. Hackfort & R. Schinke (Eds.) *The Routledge international encyclopedia of sport and exercise psychology (Vol 2)*. Applied and practical measures (pp. 45-63). New York: Routledge
5. Chase, M.A., **Wright, E.**, & DiSanti, J.S. (2019). Understanding the coaches' role in talent development. In R. Thellwell & M. Dicks (Eds.), *Professional advances in sports coaching: Research and practice*. Oxford: Routledge.
6. Kimiecik, J., Vealey, R., **Wright, E.**, & Morrison, D. (2017). As positive as it gets: Flow and enjoyment in physical activity. In A. Brady, & B. Grenville-Cleave (Eds.), *Positive psychology in sport and physical activity: An introduction*. Oxford: Routledge.

Book Chapters in Progress

1. **Wright, E.** (in progress). Working with parents. In S. Castillo, C. Wooding, and D. Barba (Eds.), *Building consulting skills: An international case study collection*. Taylor and Francis: Routledge.
2. Pierce, S., **Wright, E.**, & Chase, M.A. (in progress). Applied sport psychology for children. In D. Tod & K. Hodge (Eds.), *Routledge handbook of applied sport psychology*. London and New York: Routledge.

SCHOLARLY PRESENTATIONS

International and National

1. Gould, D., Pierce, S., & **Wright, E.** (2021, October 4). Former male high school varsity athletes memories of their most meaningful scholastic sport experiences and perceptions of life learned: A 50 year retrospective study. Virtual oral presentation at the International Society of Sport Psychology (ISSP), Taipei, Taiwan.
2. **Wright, E.**, O'Neil, L., Pierce, S., Wekesser, M., Matthews, A., Kochanek, J., Kelly, A., Turnnidge, J., Erickson, K. (2021, April). Youth sports and COVID19: Parents' current experiences and hopes for their child's return to play. Oral symposium presentation at the Society for Research in Child Development (SRCD), virtual.
3. **Wright, E.**, Gould, D., & Erickson, K. (2019, June). Home away from home: An examination of the billet family experience in junior ice hockey. Oral presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Baltimore, Maryland.
4. **Wright, E.**, Chase, M.A., Horn, T.S., & Vealey, R.S. (2018, June). Parents perfectionism, parenting styles, and views of sport specialization. Oral presentation at the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), Denver, Colorado.

Regional

1. **Wright, E.**, Gould, D., & Erickson, K. (2019, March). Home away from home: An examination of the billet family experience in junior ice hockey, presented at the Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS), Toronto, Ontario.
2. **Wright, E.**, Erickson, K., & Gould, D. (2018, February). Creating Matthew effects in youth ice hockey: An examination of parent influence on relative age effect and views of sport specialization, presented at the Midwest Sport and Exercise Psychology Symposium, Oxford, Ohio.

3. **Wright, E.**, Chase, M.A., Horn, T.S., & Vealey, R.S. (2017, February). A thesis proposal: Parents perfectionism, parenting styles, and views of sport specialization, presented at the Midwest Sport and Exercise Psychology Symposium, Detroit, Michigan. (Proposal)

Poster Presentations:

1. **Wright, E.**, Nalepa, J., & Gould, D. (2019, November). Junior athlete survey, presented at the Institute for the Study of Youth Sports (ISYS) 40th Anniversary Conference, East Lansing, Michigan.
2. Coles, J., Mignano, M., & **Wright, E.** (2019, November). The balancing of parental support and pressure in fostering collegiate athletes, presented at the Institute for the Study of Youth Sports (ISYS) 40th Anniversary Conference, East Lansing, Michigan.

SERVICE

University

Michigan State University

2017-2021 **Graduate Student Judge**

Served as a poster and oral presentation evaluator for the University Undergraduate Research and Arts Forum (UURAF)

Departmental

Michigan State University

2020-2021 **Curriculum Committee Representative** – Kinesiology Graduate Student Organization (KGSO)

2018-2020 **Graduate Studies Committee Representative** – Kinesiology Graduate Student Organization (KGSO)

2018-2019 **Conference Coordinator** – Institute for the Study of Youth Sports (ISYS) 40th Anniversary
Served as a conference coordinator for the ISYS 40th Anniversary Conference. Responsibilities included planning and organizing conference schedule and visitor accommodations, designing the conference program on In-Design software, and being present during the conference to assist attendees and presenters.

APPLIED EXPERIENCE

2021-present **IMG Academy+ Mental Performance (Remote)** – Bradenton, FL

Supervisor: Greg Young, Ph.D.

Work collaboratively with parents and athletes to define specific performance needs and objectives, and then devise carefully tailored science-based training plans that will deliver desired results.

2019-present **Keystone Performance Excellence (KPEX) Peak Performance Consultant** – Pittsburgh, PA

Supervisor: Dr. Aimee Kimball

Consulted with individual and team youth and high school athletes in the Pittsburgh area. Targeted mental skill areas including goal setting, motivation, self-talk, arousal management, energy management, confidence, and imagery training.

- 2020-2021 **Learning Assistant for Student Athlete Support Services at Michigan State University** – East Lansing, MI
Supervisor: Laura Terry
Provide student-athletes with professional learning support to assist them with the development of successful academic habits during their first year of college and beyond, develop organizational and content specific strategies, and provide guidance, resources, and support that will enhance their development both academically and personally.
- 2019-2021 **Sport Psychology Consultant** – Meijer U12, U14, U16 Girls Hockey, East Lansing MI
Supervisor: Dr. Daniel Gould
Consult through group sessions (1 hour/session) with the team twice a month. Topics covered thus far include introduction to mental skills training, mental preparation for competition, and self-confidence.
- 2017-2021 **Hockey Camp Sport Psychology Consultant** – Michigan State University, East Lansing, MI
Supervisor: Dr. Daniel Gould
Designed and implemented a mental skills training program for youth hockey campers ranging in age from 5-16 years of age. Program included instruction in the following areas: motivation, team cohesion, leadership, self-talk, focus/concentration, and pre-performance routines.
- 2019-2020 **Volunteer Sport Psychology Consultant** – Michigan State University Women's Tennis, East Lansing, MI
Supervisor: Dr. Daniel Gould
Consulted with the team throughout the season and hosted weekly group sessions while conducting individual sessions with players. The topics covered included: self-talk, goal setting, attention control, energy management, and arousal regulation.
- 2015-2016 **CHAMPS/Life Skills Program Assistant** – Miami University, Oxford, OH
Supervisor: Jennie Gilbert
Responsible for enhancing student-athletes total growth and personal development in both academic and athletic practices through discussions, workshops, and presentations. Also developed and organized student-athlete's community service activities for the academic school year.

PROFESSIONAL DEVELOPMENT

Workshops

- 2021 Faculty Advising: What it is and what it is not: A session focused on the goals, strategies, and techniques of faculty advising – St. Joseph, MN
- 2020 Master of Arts in Educational Technology Mini-MOOC on Remote Teaching – East Lansing, MI
- 2019-2021 Community Engagement Seminars - East Lansing, MI
- 2018 Certification in College Teaching Institute - East Lansing, MI
- 2017-2021 Responsible Conduct of Research and Scholarship: Workshop Series - East Lansing, MI

Professional Memberships

- 2017-present American Psychological Association Division 47 (APA)

2018-present North American Society for the Psychology of Sport and Physical Activity (NASPSPA)
2015-present Association for Applied Sport Psychology (AASP)

Certifications

2021-present Certified Mental Performance Consultant (CMPC) – in progress (over 75% completed)
2021 Graduate Certificate in Online Teaching & Learning – Michigan State University

PROFESSIONAL OUTREACH AND ENGAGEMENT

June 2022 **Ralph C. Wilson Foundation Grant Workshop Facilitator** – Buffalo, NY
Supervisor: Dr. Daniel Gould
Facilitated coach education workshop for entry-level youth sport coaches (12 and under) at Niagara University.

2022 **NCSA and IMG Academy+ Webinars for High School Athletes and Parents**
Presented “Confidence: The MVP of Performance”
Presented “Supporting Your Athlete’s Mindset and Nutrition Development: A Parent’s Guide”
Presented “Managing Focus for Performance”

2022 **USA Softball and IMG Academy+ Webinar for Parents**
Presented “Performance Parenting: A Guide to Supporting Your Athlete’s Development Through Sport

2022 **Softball Alliance and IMG Academy+ Webinar for Parents**
Presented “Performance Parenting: A Guide to Supporting Your Athlete’s Development Through Sport

2021-2022 **Applied collaboration with P3R – the engine behind Pittsburgh’s races “Mental Health Mondays”** – Pittsburgh, PA
Share mental health tips, facts, and approaches to help support runners as they prioritize their mental health

2020 **Women in Sport Leadership Conference (WISL) Presenter** – East Lansing, MI
Presented “Engaging Sport Parents” to female high school coaches and athletes.

2019-2022 **Ralph C. Wilson Foundation Program Developer** – East Lansing, MI
Supervisor: Dr. Daniel Gould
Responsible for developing content and materials and facilitating a coach education workshop for entry-level youth sport coaches (12 and under) in the Mid-Michigan and Western New York areas.

2019-2020 **4H Exploration Days Kinesiology Department Coordinator** – East Lansing, MI
Responsible for developing and facilitating an “Introduction to Kinesiology” workshop for 4H youth participants in the Mid-Michigan area.

2019 **Summer Coaches’ School Presenter** – East Lansing, MI
Presented “Engaging Sport Parents” to high school coaches and athletes

2018-2019 **First Tee of Mid-Michigan Program Volunteer** – East Lansing, MI
Responsible for mentoring and delivering the First Tee life skills curriculum through the game of golf to youth participants.

2018

Women in Sport Leadership Conference (WISL) Presenter – East Lansing, MI
Presented “Building a Program that People will Follow” to female high school coaches and athletes.

ARTICLE REVIEWS

Psychology of Sport and Exercise (PSE)

- Reviewed “Not Your Average Sport Parents: How Sport Scholars Make Decisions About Their Own Children’ Sport Involvement” | June 2022
- Reviewed “The Association of Families’ Socioeconomic and Demographic Characteristics with Parents’ Perceived Barriers to Returning to Youth Sport Following the COVID-19 Pandemic | July 2022

International Journal of Sport and Exercise Psychology (IJSEP)

- Reviewed “The Mediating Effect of Parental Warmth on the Association of Parent Pressure and Athlete Perfectionism in Adolescent Soccer” | March 2022
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RELEVANT COURSEWORK

Sport Psychology

- Psychosocial Aspects of Sport and Physical Activity
- Sport Psychology for Young Athletes
- Applied Sport Psychology Practicum
- Motivational Processes in Sport and Exercise
- Sport in a Diverse Society
- Sport Ethics

Human Development and Family Studies

- Theories of Human Development
- Theories of the Family
- Parenthood and Parent Education

Growth & Motor Development

- Motor Development
- Growth, Maturation, and Physical Activity

Kinesiology

- Exercise and Health Science

Education & Teaching

- Teaching Students Online
- Electronic Assessment

Research Tools

- Quantitative Methods in Educational Research
- Quantitative Analysis Software (SPSS)
- Research Foundations in Kinesiology
- Qualitative Research Approaches

- Qualitative Analysis Software (Transcriptions, Dedoose, Nvivo)
- Research Ethics
- Community Engagement Applied Research

REFERENCES

Daniel R. Gould, Ph.D.
Professor & ISYS Director
Michigan State University
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Michigan State University
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IM Sports Circle
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kte@msu.edu
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Melissa Chase, Ph.D.
Professor & Department Chair
Miami University
Department of Sport Leadership & Management
106 Phillips Hall
Oxford, OH 45056
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Aimee Kimball, Ph.D.
Washington Capital's Senior Director of Team and Player Development
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